

## SATs

The scores are in. page 5A.



## Bikeway

Plan could get commuter bikeway on track to completion/page 7A.

ARLINGTON  
ROBBINS LIBRARY  
142 P O BOX # 3  
20012 911002  
WA 02174-0000

St. Mary to clinch page 1B.

## Index

Classifieds.....11A  
Letters.....6A  
Obituaries.....4B  
Police log.....4A  
Sports.....1B  
What's Up.....8B

# The Arlington Advocate

VOL. 118, NO. 45

Thursday, November 8, 1990

The Community Newspaper Since 1872

28 Pages

50 cents

## Democrats win local races

Havern tops Howard in district, Gibson pulls out a win

By CAROL BEGGY  
Advocate Editor

Arlington voters supported Democratic candidates for local offices and fell in line with the general results in the state-wide races.

Locally, voters favored William Weld over John Silber, Joe Malone over Bill Galvin, and John Kerry over James Rappaport.

For the Arlington races, Robert A. Havern III will leave his post as state representative to replace Dick Kraus as the next state senator, State Rep. Mary Jane Gibson pulled out a win over Belmont Selectman William Monahan in the East Arlington/Belmont district, and Jim Marzilli beat Robert Hayden for the Arlington Center/Heights House seat.

Town voters — like those state wide — voted against Question 3, the tax rollback, and in favor of Question 5, the locally born question that seeks to mandate 40 percent of state growth taxes as local aid.

Of the 30,278 registered voters, 24,346 voters — or 80.4 percent — cast ballots during the election. That number is down from the last state election in 1986 — 86 percent — which was also a presidential election year, but up from 1984, the last comparable state election year, when 74 percent of the registered voters turned out.

In the race for the U.S. Senator seat, Kerry took all 21 precincts in Arlington for a total of 15,369, 67 percent, to Rappaport's 7,538, 32 percent. There were 1,393 blank ballots cast in the race.

For U.S. Representative from the Eighth District, Joe Kennedy beat Glenn Fiscus, 15,643 to 6,321.

Arlington voters followed a path similar to that of the state in the gubernatorial election. The Weld/Cellucci ticket received 11,880 votes — 51 percent, Silber/Clapprood got 10,550 — 45 percent, and Umina/

DeBerry received 626 votes, 2 percent of the total.

Of the 21 precincts in town, Weld took 18 precincts. The three precincts to back Silber were 1, 5, and 9, all in the northeast corner of town.

Local Democrats fared well in this heavily Democratic town despite the town favoring Republicans in the gubernatorial race and the treasurer's race. Of the 30,278 registered voters in town, 17,332 are registered as Democrats, 3,634 are registered as Republicans, and 9,312 are unrolled or Independents.

Preliminary totals for the senate race showed Havern leading with 30,344, Republican Doug Howard with 23,521 and Independent Metros with 6,059. Howard won Burlington by a margin of 1,056 votes. In addition to Arlington, Havern took Ward 11 in Cambridge, Woburn and Lexington. All three candidates are from Arlington.

Totals for the race were late coming from Lexington where, because of budget cuts, polls workers were reduced to save money. In the nine precincts in that town more than 300 residents were waiting after the 8 p.m. poll closing to vote, and it took until 10 p.m. before all those residents were able to cast their ballots.

The Arlington totals for the senate race are: Havern, 12,465; Howard, 7,197, and Metros, 2,570. There were 2,086 blank ballots cast.

In the 26th Middlesex District, East Arlington/Belmont, Gibson edged out Monahan 9,549 to 8,418 for the district. In Arlington, Gibson won 58 percent of the vote, bringing 2,813 votes, and Monahan received 41 percent of the vote, or 1,986 votes. Monahan took one of the five Arlington precincts, Precinct 2. Gibson beat Monahan in their hometown Belmont, 6,736 to 6,432.

Democrat Jim Marzilli beat Republican Town Committee Chairman Robert Hayden. Marzilli captured



Joe Galluccio, left, and Ron Schorn hold signs in front of town hall on Tuesday for the Republican ticket.

(David Stone photo)

10,692 votes for 61 percent of the total, and Hayden brought in 6,739 votes for 39 percent of the total. There were 1,745 blank ballots cast.

Of the 16 precincts in the district, Marzilli took 15. Hayden beat Marzilli in his home precinct — conservative Precinct 13 — by 27 votes.

Question 3 — the Citizens for Limited Taxation initiative to roll state taxes back — was defeated locally

14,424, 61 percent, to 9,109, 39 percent. Only 784 blank ballots were cast on that question, the smallest of any of the races.

Arlington supported Question 5, the brainchild of Town Manager Donald R. Marquis, by a vote of 12,821 to 9,676. Only Precinct 8 voted against the measure.

For a complete breakdown of all the races and precincts see the accompanying chart.

## Arlington vote totals

80.4 percent turnout

U.S. Senator	
Kerry.....	15369
Rappaport.....	7538

Governor	
Silber/Clapprood.....	10550
Weld/Cellucci.....	11880
Umina/DeBerry.....	626

Treasurer	
Galvin.....	8090
Malone.....	13460
Nash.....	1182

Representative in Congress	
Kennedy.....	15643
Fiscus.....	6321
Davies.....	977

4th Dist. Senator in General Court	
Havern.....	12465
Howard.....	7197
Metros.....	2570

26th Dist. in General Court	
Gibson.....	2813
Monahan.....	1986

25th Dist. in General Court	
Hayden.....	6739
Marzilli.....	10692

■ For complete results, please see 8B

### THE BALLOT QUESTIONS

Question 2: consultants?	
Yes.....	9451
No.....	13817

Question 3: rollback?	
Yes.....	9109
No.....	14424

Question 5: Guaranteed local aid?	
Yes.....	12821
No.....	9676

## Stormy weather



Broadway Plaza became old London town last week — complete with fake rain from the Arlington Fire Department — for the filming of a Massachusetts Lottery commercial.

(David Stone photo)

Arlington Center took part in the Halloween spirit last Wednesday night, guising itself as a part of London, England, complete with fog, rain, and a London cab.

The film set was constructed for the shooting of a Massachusetts State Lottery commercial advertis-

ing the new season-ticket sales. It will appear on local television before the holidays roll around.

September Productions, the film company responsible for the set, used the a distinctive London telephone booth, an authentic 1969 Austin London cab, 20-foot tall sprin-

lers and a fog machine to portray a London street from which a young man is calling his family back home in America.

More than 40 people worked on the set, including local police on private detail and local firefighters hired to supply the "rain."

## Shanghai gets liquor license

By CAROL BEGGY  
Advocate Editor

Shanghai Village in Arlington Center is the third full-service restaurant in town to be granted a liquor license.

The Board of Selectmen voted 4-to-1 Monday to approve a liquor license and a common victualler license for the Chinese food restaurant to expand at its current location.

The restaurant, which has been in operation in the Center for 16 years — 10 years under the current ownership, is currently seeking to enlarge its facility at 434 Mass. Ave. to include the site of New England Photo at 436 Mass. Ave.

"When liquor licenses were approved ... by a narrow margin, the people voted to allow them if the restaurant significantly expanded the commercial tax base, and this, in my opinion, does not do that," said Selectman Charles Lyons in

voting against the liquor license and the common victualler license.

The town's by-laws allow selectmen to grant up to five liquor licenses to restaurants. Private clubs are also allowed to have liquor licenses.

Before an alcohol license can be approved by the board, a restaurant must seat more than 99 patrons, have a function room, have access to parking, serve alcohol to only those eating or waiting to be served, and offer a quality menu.

"Plans for the new Shanghai call for 107 seats, and the restaurant's owners convinced the selectmen the facility met the other criteria.

Although William Grannan, attorney for Chung Mei Tsai Lo, owner of the restaurant, has tried to keep the debate focused on the specific matters before each of the approval agencies, the discussion of the expansion has sparked debate on

related issues.

For the Shanghai Village to expand into 436 Mass. Ave., New England Photo — whose owner also owns the building — will have to relocate. The owner has said he will be moving into 432 Mass. Ave. the site of Monument Market, a small meat and vegetable store that has delivered goods in the area for 66 years.

The owners of Monument Market, Warren and Nish Nahigian, have asked the board to halt the Shanghai project so they will not be forced out of the building. Landlord Ara Gechjian said the market will have to leave the current site regardless of the license approval.

Gechjian has decided to allow the Monument Market to operate at the site through the end of the year, the store's busiest season. The town is also working with the market's own- (See SHANGHAI, page 4A)

## Families move into houses

By R. SCOTT RAYNOVICH  
Advocate Assistant Editor

Three Arlington families became first-time homeowners this fall with assistance from the Housing Corporation of Arlington (HCA).

The announcement of the purchases was made by Wilson Henderson, president of the HCA, at a recent reception attended by more than 50 people at the Arlington Senior Center.

Three of Arlington's selectmen — Chairman Franklin Hurd Jr., Stephen Gilligan, and Janemarie Hillier — appeared and spoke about the pressing need for affordable housing for low- and moderate-income families in the town.

The selectmen helped the nonprofit HCA by providing surplus monies from the federal Community Development Block Grant funds.

The buyers were selected through a lottery among applications approved following a meeting last spring that drew more than 150 Arlington residents seeking affordable housing.

Margaret Gebhard, a representative of the corporation, says that the HCA helps families stranded in the range of income that exempts them from low-income housing aid yet does not provide them with enough to purchase a house in Arlington. "A couple with a combined income of \$40,000 is only going to qualify for a

mortgage for a house of \$90,000, there aren't any houses that inexpensive in Arlington," said Gephardt.

Another efficiency of the system is that the HCA helps families to buy houses that are already on the mark-

et, rather than building new units.

Joanne and Ben Sargent now live with their two children Zoe, 6, Jonathan, 3, in a house in northwest Arlington that they were able to purchase through the help of the (See HOUSES, page 14A)

## Veterans Day observed

On the 11th hour of the 11th day of the 11th month of 1918 the world celebrated the end of the carnage of its first world war.

Nov. 11 was declared Armistice Day by congress in 1926 and became a national holiday in 1938 in hopes that World War I would be "The War to end all wars." However, World War II broke out shortly afterward and stifled this hope.

In 1954 Armistice Day was changed to Veterans Day to honor the efforts of all veterans.

One of Arlington's own World War I veterans will be honorary Grand Marshal of the Veterans Day parade. Clarence H. Marsh, past state commander of the Mass. World War I veterans' organization, volunteered for the Navy when he was 19.

(See VETERANS, page 14A)

### What's open/closed

In observance of Veterans Day, all banks, government offices, post office branches, schools and many stores will be closed on Monday, Nov. 12.

Also, The Advocate will have a Friday deadline for all copy to be included in the Nov. 15 edition of the newspaper. Press releases and letters to the editor should be at The Advocate's 5 Water St. office no later than 3 p.m. Nov. 9.

Schools, government offices, banks and others will resume a regular schedule on Tuesday. Trash collection will be a day late.

LIBRARY NOTES

Dr. Gregory at Brown Bag

Dr. Elizabeth Gregory will be the speaker at the Nov. 13 meeting of the Brown Bag Lunch. A great traveler, she has chosen the subject of "Travel, Fun and Funny." "On the light side," she says.

Since her retirement in 1988 Dr. Gregory has continued her long years of community service and now is enjoying her retirement as a busy member of boards of directors of five philanthropic organizations.

"Retiring from professional life has given me time to pursue other interests," says Dr. Gregory. "There never was time enough for music, art and theater, or for travel, and now there is."

Dr. Gregory is well known to thousands of children and parents in Arlington, where she was a beloved pediatrician since she set up her practice in 1945.

Hostesses for the November meeting are Jean Kalendarian, Lorinda Roberts and Angela Warshafsky, who will provide beverages and pastries.

Brown Bag Lunches are open to the public without charge. Sponsored by the Friends of Robbins Library, they are held at noon in the Fox Library on the second Tuesday of each month.

Friends announce re-stocking

The Friends of Robbins Library announce the restocking of the shelves on the On-Going Book Sale in

the basement of Robbins Library. All previous items were sold at the Town Day Book Sale, or to a local dealer. The On-Going Book Sale yields several hundred dollars a month to the Friends treasury for distribution to the library.

A new pricing policy is in effect: hardcovers \$.50, Children's paperbacks \$.10, all others \$.25.

The Town Day Book Sale netted more than \$1,100 which is earmarked for such items as passes to the Museum of Science and the Aquarium, not covered in the library budget.

**Drop-in storyhours**

Drop-in storyhours for children ages 3-5 continue on Wednesday mornings at the Robbins Junior Library at 10:30 a.m. The theme for Nov. 14 is Hats Off! Bring your child to enjoy hat stories and make a hat to take home. We try to start promptly at 10:30 a.m.

Library closed

The Robbins Library will be closed on Monday, Nov. 12 in observance of Veteran's Day.

Read-Aloud celebration

A special celebration of the joys of reading aloud will be held in honor of Children's Book Week in the Robbins Junior Library on Saturday, Nov. 10 at 10:30 a.m. A brief family read-aloud will take place after which each family may choose a free read-aloud RIF (Reading is Fundamen-

tal) book to take home. Read-aloud booklists will also be available. Come and enjoy books together.

Read-Aloud Workshop for parents

A special read-aloud workshop will be held for parents, teachers and other adults who work with children on Tuesday, Nov. 13 at 7:30 p.m. at the Fox Branch Library. Amy Cohn, a local children's literature specialist will present "What's New, What's Hot, What's In, What's Not," a fast and furious look at some of the best new read-alouds for children, both readers and non-readers.

Cohn is active in many areas of the children's book field. Along with writing, editing, reviewing and speaking, she teaches courses on children's literature at Simmons College. Come enjoy this fun and informative evening as part of Children's Book Week. No childcare will be provided.

'Here comes Mr. Jordan' shown

The Academy Award winning comedy, "Here Comes Mr. Jordan" will be the Friday Film at Fox Branch Library on Nov. 9 at 2 and 7 p.m. This film was the basis for the 1978 "Heaven Can Wait" and stars Robert Montgomery and Claude Rains. Fox Branch Library is at 175 Mass. Ave. Admission is free.

Realtors collect winter clothes

In response to community's needs, Ivers & Stein Realtors is sponsoring a winter outerwear and blanket drive. Donations of clean, winter outerwear and blankets to aid the

needy throughout the area are requested.

Drop offs: donations can be brought to our office seven days a week at 339 Mass. Ave., any day up to Sunday, Dec. 3 from 9:30 a.m. to 5:30 p.m.

If you are unable to drop off donations at the office, call 648-6500 any-

time between the hours of 9:30 a.m. and 5:30 p.m. The donations will be picked up at your home.

Please mark the clothing with the size, if known.

Please separate adult clothing from children's clothing.

If possible, place clothing in plastic bags.

CABLE TV

<b>Friday, Nov. 9:</b> 10 a.m. Nuggets 10:30 a.m. Customer Connection 11 a.m. Video Shortcuts 11:30 a.m. Community TV Update 12 p.m. Cable Cuisine 12:30 p.m. Arlington School Committee Meeting 5 p.m. The Acoustic Cafe 5:30 p.m. RNRTV 6 p.m. Sports Profiles — Sundance Aerobics National Finals 7 p.m. Another Comedy Show 7:30 p.m. Career Crossroads	<b>8 p.m. Arlington Ear Presents the</b> Arlington Advocate of Nov. 8 10 p.m. The Acoustic Cafe 10:30 p.m. RNRTV 11 p.m. Sports Profiles — Sundance Aerobics National Finals 12 a.m. Another Comedy Show 12:30 a.m. Career Crossroads	<b>Ingenuity</b> 11 a.m. Talking Sports 12 p.m. Real Issues in Real Estate 5 p.m. Cable Spotlight 6 p.m. Psychic Entertainment (R) 7 p.m. Another Comedy Show 7:30 p.m. Customer Connection
<b>Saturday, Nov. 10:</b> 7 a.m. Arlington Ear Presents The Arlington Advocate of Nov. 8 9:30 a.m. The Front Page 10:30 a.m. Decorating with Yankee		<b>Sunday, Nov. 11:</b> 10 a.m. Cable Spotlight 11 a.m. Psychic Entertainment 12 p.m. Another Comedy Show 12:30 p.m. Customer Connection 5 p.m. Cable Spotlight

CLUB NEWS

Tower mothers meet

On Oct. 29 the Tower Mother's Club held its meeting at the home of Carol Suslowicz. Judy Pooley and Anne Aftuck served as co-hostesses.

The guest for the evening was Janine Rogers of "Magic by Janine" who performed a magic show. Each member wore a funny hat and the contest was won by Kathy Murphy.

The next meeting will be on Nov. 26.

Woman's Club attends meeting

Ten members of the Arlington Woman's Club attended the fall

meeting of the General Federation of Women's Clubs of Massachusetts. Featured speaker was the superintendent of the Springfield School District and a representative from the Veteran's Shelter on Court Street in Boston explained the functions of that group.

Attending from Arlington were Mmes. Walter Bullock, John Cox, Everett Henderson, Martha Lombardi, George Puopolo, Agnes Stahl, Stanley Sisson, Olga Waterman, William Young and Miss June Burns.

La Leche group to meet

The next monthly meeting of the Arlington La Leche group will be held on Thursday, Nov. 15, at 9:30 a.m. Pregnant women and nursing mothers are welcome as well as older preschoolers. The meeting will be held at 170 Mystic St. For further information please call 648-3484 or 646-634.

Catholic Women's Club holds memorial Mass

The Arlington Catholic Women's Club will have their annual memorial Mass for deceased members and evening of recollection on Wednesday, Nov. 14 at 5 p.m. at St. Agnes Church. Celebrant will be Rev. Msgr. John J. Linnehan.

Following the Mass, dinner will be served at 6 p.m. at Arlington Catholic High School. Rev. Donald J. Higgins, CSS, Stigmatine Father from the Espousal Center in Waltham will be the guest speaker. Reservations may be made by contacting the chairman for the event, Mrs. Edward V. Callahan at 643-8426. Reservations no later than the morning of Nov. 9. Tickets are \$13.50 and guests are most welcome.

Zonta Club to meet

The Zonta Club of Arlington will hold its monthly meeting this Thursday Nov. 8, at 6 p.m. at the Winchester Country Club. Father Bernard McLaughlin of Crossroads, a shelter for the homeless in East Boston, will be the featured guest speaker.

In keeping with the holiday spirit, members are encouraged to bring offerings of toys and clothing for the children and women of the shelter.

Zonta Club of Arlington is also reminding members to bring food items to the polls as well as to participate in the Arlington Food Drive.

RELIGION

Choir to perform at Church

"Inner Strength Gospel Choir," a unique singing group founded 18 years ago at Boston University, will perform at Pleasant Street Congre-

gational Church on Saturday, Nov. 10 at 7 p.m. The public is invited to attend the concert. Gospel music is part of the African-American tradition the group affirms, but the beauty of this choir stems from the fact that singers include Hispanic, Asian, Native and European Americans as well. The choir has toured the Northeast seaboard for the past 13 years, bringing their joyous and uplifting music to many churches and schools.



**Just another wake up call at the Westminster Village Inn.**

Imagine waking to the sounds of the chickadee-dee-dee. Or relaxing in front of a roaring fire in your private guest room. Or enjoying the adventure of a horse-drawn hay or sleigh ride through our beautiful, 100-acre estate. Now, imagine this quaint country charm tastefully blended with all the amenities of a modern hotel. It's not just fantasy. It's the Westminster Village Inn. Where you'll find an indoor and outdoor pool. A superb restaurant and lounge. Tennis. Sauna and more. One visit, and you'll be singing our praises, too.

Per person, per night, double occupancy, mid-week. Includes deluxe room with fireplace, dinner, breakfast, tips, taxes, use of indoor pool and fitness center. Rates slightly higher on weekends.

**\$67.50**

**Westminster Village Inn**  
Narrows Road exit off Route 2 to Frontage Road, Westminster, MA  
1-800-342-1905 Prices subject to change. \*Seasonal

**Arlington Carpet Masters**

**When It Comes To Carpeting... We've Got You Covered!**

**Convenient Shop-At-Home Service**  
**Call 628-2923 or 646-3862**

*Outstanding Selection*

Featuring Lee's and Philadelphia Carpeting & Mannington Vinyl Discount Prices Every Day Expert Installation Guaranteed

**ARLINGTON CARPET MASTERS**  
81 Albion Street, Somerville  
Serving The Arlington Area Since 1973

**Take a piece of Chinese Art home tonight**

**10% off**  
(a minimum order of \$20)  
Bring in this ad for discount

**China Connection**  
GOURMET CHINESE CUISINE

Phone: 648-4533 • Fax: 648-4601

*LUNCH*  
We accept faxed lunch orders and deliver to your office.

*DINNER*  
We offer a full menu of Szechuan, Mandarin & Palyesian specialties. Deliveries to your home. We also cater for any size party. We pack our food in microwaveable containers for your convenience.

**1379 Mass. Ave., Arlington Hts., Arlington, MA.**

Drains Run Slow?

You'll never have a slow running, or clogged drain again! The secret? Clean drains don't run slow.

Slow drains, or periodic clogs, are SIGNALS that a thick layer of GOOK is choking your pipes. Grease, hair, and other waste stick to your pipes, with every use. This gook deposits along the entire length of the pipe. It chokes your pipes gradually, as it gets thicker and thicker.

Conventional drain openers can't fix slow drains. They react chemically on the surface of the gook. To be effective, they must remain in contact with the waste. Even a small tunnel through the gook lets them flow out to the sewer, leaving the gook behind.

In the past, the only way to remove this build-up was to rooter your pipes. An expensive, temporary measure.

Now, with just a few minutes each month, you can easily clean out your pipes... and KEEP them clean with Plumb Clean. Its totally unique formula clings, and penetrates deep into the gook. That is what allows it to liquefy even years of build-up. Plumb Clean will clean the entire length of your pipes. It will make your drains run like new, when used as directed. This penetrating action is so revolutionary, we stand behind Plumb Clean with a money-back guarantee!

**Saves Money.** A 1 lb. container of Plumb Clean holds up to 41 drain treatments. Even if drain openers could fix slow drains, it would take over 10 quart bottles to get the same number of treatments. Plumb Clean costs about 35¢ per treatment. We don't know of anything that cleans drains for less.

**Safe Too.** Conventional drain openers are dangerous chemicals. They can injure eyes on contact. They can release deadly vapors, in some situations. Some may damage your fixtures. Plumb Clean will not burn skin, or eyes. It will not release harmful fumes. When used as directed, it is 100% safe for people, and of course, all plumbing.

So, if your drains are giving you a SIGNAL, act now. Get safe, guaranteed Plumb Clean today!

Available at:

**ARLINGTON COAL & LUMBER**  
41 Park Avenue  
Arlington

**LAKE HARDWARE**  
169 Massachusetts Avenue  
Arlington

**WANAMAKER TRUE VALUE**  
1298 Massachusetts Avenue  
Arlington

**Boston Beauty Supply Co.**

Discount Cosmetic Outlet! Lowest Prices, Largest Selection!

**Design Line CONAIR**

1500 Watt Professional Dryer

**\$13.95**

**LARGE AIR DIFFUSER**

Mini Model \$3.95

**\$5.95**

**APPLE PECTIN SHAMPOO**

Lg. Qty.

**\$4.99**

**PANTRESSE SPRITZ OR SHAMPOO**

**\$1.99**  
Retail \$4.00

**AUSSIE MEGA SHAMPOO**

10 oz \$4.40 value

**\$2.79**

**VITA BATH**

vitabath® Bath & Shower Gels  
Also bottles & bath sponges

**\$7.50**  
\$20.00 Value

**BRAND NAMES**

LeCoupe  
L'Oréal  
Revlon  
John Dellaris  
Paul Mitchell  
Focus 21

**Generics of:**

Redken  
Sebastian  
Nexxus  
Paul Mitchell

Cosmetics  
Nail Care  
Products  
Brushes

Dryers  
Curling Irons  
Barrettes,  
Bows, etc.

**7 LOCATIONS!**

**BURLINGTON**  
Rte. 3A to Metro Credit Union,  
Across from Football Field  
272-0378

**DANVERS**  
Liberty Tree Mall  
777-4795


**WAKEFIELD**  
1285 Main St.  
632-0454

**SWAMPSCOTT**  
Vinnin Sq. Mall  
Next to Bradlees  
592-5464

**BOSTON**  
59 Temple Place  
2nd Floor  
426-0921


**SALEM**  
94 Lafayette St.  
744-7338

**BURN VICTIM.**



A Public Service of the Forest Service,  
and USDA and your State Foresters

ONLY YOU CAN PREVENT FOREST FIRES



**The Arlington Advocate**

The Arlington Advocate (USPS 031-900)  
is published weekly by Century Publications, Inc., P.O. Box 9152, Waltham, MA 02254. (617-890-NEWS). Second class postage paid at Boston, MA. Annual subscription rate is \$18.00 (\$30.00 out of county); single copy price is 50¢. Postmaster: Send address change to The Arlington Advocate, Circulation Department, P.O. Box 9152, Waltham, Ma 02254.

**AUTO RENTALS**

**LOW-LOW-RATES**

DAILY-WEEKLY-MONTHLY  
LATE MODEL CARS

**Thrifty** Car Rental

1125 MASS. AVE.  
ARLINGTON 646-8600

**T. & A. OIL**

Call for a price

C.O.D. 150 Gal. Min.  
24 Hour Burner Service

**862-2040**

**ATTENTION LANDSCAPERS**

**LEAF DISPOSAL**

Low Dump Fees  
No Waiting

**BOSTON BARK MULCH**  
102 Clematis Ave.,  
Waltham  
894-4606

# Center helps children, parents

**By MIKE PHILLIPS**  
For The Advocate

A joint agreement between M.I.T. Lincoln Laboratory and Minuteman Tech has resulted in a new 6,000-square-foot Child Care Center on the Minuteman Tech campus. The center will serve 52 youngsters ranging from six weeks to five years old.

The project, started in September, came about after Lincoln Laboratory saw the need to provide day care for its workers. It has also benefited Minuteman Tech students, giving them an opportunity to work with infants in a day-care center.

"This project has been beneficial to everyone involved," said John Donahue, the Arlington representative to the Minuteman Tech school board and an associate comptroller at M.I.T. "We have been able to provide day care for Lincoln Lab people through this mechanism, and Minuteman Tech has been able to integrate it into their teaching program."

Additionally, Donahue said that 300-400 students were involved in the construction of the center and received "hands-on training in commercial construction and landscaping techniques."

Lincoln Lab paid approximately \$500,000 to \$600,000 for the cost of construction materials and in return will have free lease of the center for 10-12 years with an option to renew. The center officially opened Sept. 4, a year after construction began. While Lincoln Laboratories has hired a professional staff to care for the children, Minuteman Tech students have gotten involved as well.

"The students are learning to take care of -babies," said Beverly Lydiard, an assistant superintendent at Minuteman Tech. "While we have our own program at Minuteman, its emphasis is on the 2-5 age bracket. The new center offers them a chance to take care of infants."

The Minuteman child care program runs for four years. In the first three years, the emphasis is on child development, from prenatal care up to age six. As seniors, "the students can take a co-op program at the center or someplace else," according to Myra Stock, a child care teacher.



John Donahue, third from the right, Arlington's representative on the Minuteman Tech School Committee and associate comptroller of M.I.T., assists with the ribbon cutting at a recent dedication of a child-care center that Minuteman Tech students built in partnership with M.I.T. Lincoln Laboratory. Shown with Donahue are, from left, Minuteman Tech Construction Division Coordinator Dennis Kane; Steven Krich, president of the center's board of directors; John A. McCook, assistant director of M.I.T. Lincoln Laboratory; Ron Fitzgerald, superintendent-director, Minuteman Tech; and Carol Stokes, child-care program manager for M.I.T. Lincoln Laboratory.

Stock said that different programs have been designed for the infants and the 3 to 5 age group. "For the pre-school 3 to 5 group, the students plan a curriculum based mainly on making the children feel successful and giving them a high value of self-esteem," she said. "This is through creative activities such as storytelling and the arts that utilize paints, glue, clay and wood. Sometimes we may combine the two and have a student read a Curious George book about a fire truck and then have the students make a fire truck out of construction paper."

Children are also involved in science activities, including popping popcorn, which is particularly effective according to Stock. "This teaches them the senses of hearing, seeing, smelling and tasting," she said.

For infant care, the students learn a wide variety of things, said Stock, "from health issues such as hand washing to changing diapers. Students will learn all about the physical and social development of the child, such as their fear of strangers around eight months."

A post-graduate, Lynn Scharner of Bolton, who dealt with 3- to 8-month-old infants at the center, thinks her early start in a workplace atmosphere has given her a greater sense of confidence. "I've learned a lot about feeding and napping," she said. "I've also learned to recognize symptoms when infants are crying, such as hunger or sleepiness."

After a successful co-op experience, students can pursue a teacher's certificate or go into other fields, such as child psychology.

## NORTON BEVERAGE

<b>LITE</b> 12 oz. Suitcase.....	<b>11.99</b>
<b>MILLER &amp; MILLER DRAFT</b> 2-12 PK Bottles .....	<b>11.99</b>
<b>SCHAEFER</b> 12 oz. Suitcase.....	<b>7.99</b>
<b>MILWAUKEE BEST</b> 12 oz. Cans.....	<b>8.99</b>
<b>DOS EQUIS</b> 12 oz. Bottles.....	<b>17.99</b>
<b>V.O. 1.75L.....</b>	<b>16.99</b>
Main In Rebate -3.00	
<b>SEAGRAM'S 7</b> 1.75L.....	<b>13.99</b>
Main In Rebate -3.00	
<b>CANADIAN MIST</b> 1.75L.....	<b>9.99</b>
<b>CAPTAIN MORGAN</b> 1.75L.....	<b>12.99</b>
<b>J&amp;B</b> 1.75L.....	<b>23.99</b>
<b>BOLLA</b> 1.5L.....	<b>8.99</b>
<b>GALLO</b> 3.0L.....	<b>5.99</b>
<b>ANDRE CHAMPAGNE</b> 750 ML.....	<b>2 For 5.99</b>
<b>SUTTER HOME WHITE ZINFANDEL</b> 750 ML.....	<b>3.99</b>
<b>SEBASTIAN COUNTRY VARIETALS</b> 1.5L.....	<b>7.99</b>
<b>BERINGER WHITE ZINFANDEL</b> 750ML.....	<b>5.99</b>

2451 Mass Avenue, Cambridge

354-7600



LOTTERY



## Ivers & Stein Realtors

The Leading Realtor Office Since 1977



Louise Ruma-Ivers

339 Massachusetts Avenue  
Arlington, MA 02174  
648-6500

Louise Ruma-Ivers is a director of the Massachusetts Association of Realtors, treasurer of the Massachusetts Women's Council of Realtors and a past president of the Greater Boston Women's Council of Realtors. She serves on the Arlington Historic District Commission and its Fair Housing Committee.

### WINTER OUTERWEAR AND BLANKET DRIVE

In response to our community's needs, we at Ivers & Stein Realtors are sponsoring a winter outerwear and blanket drive. We are asking for donations of clean, winter outerwear and blankets to aid the needy throughout the area.

DROP OFF: Donations can be brought to our office seven days a week.

Location: 339 Massachusetts Avenue, Arlington  
Dates: Any day up to Sunday, December 3rd  
Hours: 9:30 A.M. to 5:30 P.M.

PICK UP: If you are unable to drop off donations at our office, call us at 648-6500 anytime between the hours of 9:30 A.M. to 5:30 P.M. and we will pick up the donations at your home.

- Please mark the clothing with the size, if known.
- Please separate adult clothing from children's clothing.
- If possible, place clothing in plastic bags.

Please help us to help our community's disadvantaged. Remember that no donation is too small to make the drive a success!

Thank you in advance for your generosity!

**IVERS & STEIN REALTORS - WE BRING PEOPLE HOME!**  
Contact Person: Julia Devlin 648-6500

This Coupon Good For A  
Market Analysis Of Your Home  
**FREE**

**Ivers & Stein Realtors**

648-6500

339 Massachusetts Avenue  
Arlington, MA 02174

## DeMoula's MARKET BASKET

# Frozen Turkeys

JENNIE-O or NORBEST



- 16-22 lb.
- Self-Basting
- Pop-Up Timer

**59<sup>¢</sup>**  
lb.

### Boneless Sirloin Strip Steak



LEAN BEEF

**3<sup>99</sup>**  
lb.

### Chicken Legs



BACKBONE REMOVED

**79<sup>¢</sup>**  
lb.

### Center Cut Pork Chops



**1<sup>99</sup>**  
lb.

### Ocean Fresh Haddock Fillets



**4<sup>99</sup>**  
lb.

### Klondike Bars



Save 50<sup>¢</sup>

**1<sup>99</sup>**  
6 PAK

### 2-Liter Pepsi Cola



All Varieties

**99<sup>¢</sup>**

### Colombo Yogurt



Save 40<sup>¢</sup>

All Varieties

**1<sup>49</sup>**  
ONE QT

### Breyers Yogurt



Save 50<sup>¢</sup>

All Flavors

**5<sup>99</sup>**  
8 oz. CONTS

# Huggies Diapers

Reg. Price 9.99  
Instant Instore Coupon 2.00

All Sizes

**7.99**

### Green Giant Niblets Corn



Save 95<sup>¢</sup>

**5<sup>99</sup>**  
11 oz CANS

### Pillsbury Flour



Save 50<sup>¢</sup>

**79<sup>¢</sup>**  
5 LB BAG

### Jumbo Broccoli



CALIF.

**99<sup>¢</sup>**  
bch.

### Pillsbury Specialty Potatoes



Save 98<sup>¢</sup>

**2<sup>99</sup>**  
5.5 oz. PKG

### Sno White Mushrooms



12 oz PKG

**99<sup>¢</sup>**

### Anjou or Bosc Pears



pkgs

**59<sup>¢</sup>**  
lb.

### 45 Stores To Serve You!!

- Andover • Billerica • Burlington • Concord, N.H. • Chelsea • Chelmsford • Danvers • Fitchburg • Haverhill • Hudson, N.H. • Lawrence • Leominster • Lowell • Londonderry, N.H. • Methuen • Nashua, N.H. • Newburyport • N. Andover • Portsmouth, N.H. • Plaistow, N.H. • Salem, N.H. • Seabrook, N.H. • Somerville • Somersworth • Stratham, N.H. • Tewksbury • Westford • Wilmington • Woburn

Quantity Rights Reserved

## Weight Loss Surprises Researchers

WASHINGTON — A nutrition organization was hopeful that a nutritionally complete "hi-tech" food tablet would help erase world hunger problems, until a study revealed that one of the ingredients could cause significant weight loss.

Researchers in Europe found that an ingredient in the aptly named product Food Source One actually caused people to lose weight, even though specifically instructed not to alter normal eating patterns, according to one study published in the prestigious British Journal of Nutrition. Researchers in an earlier study had speculated that the weight loss was due to a decrease in the intestinal absorption of calories.

While the development of Food Source One, a product of National Dietary Research, would not be used to successfully fulfill its original goal, the discovery has been a windfall for overweight people. A Daytona Beach, Florida woman fighting a weight battle for 12 years used the product on the recommendation of her physician and lost 30 pounds. She stated, "Not only have I lost 30 pounds, but my cholesterol has dropped from 232 to 143. I have two closets full of clothes which have not fit me in two years that I can now wear." In a separate report, a telephone interview revealed that a Wilmington, North Carolina pharmacist lost 14 pounds in 15 days on the product and was never hungry.

Food Source One is available through physicians and pharmacies without a prescription because it is not a drug and contains only natural ingredients already known to be safe. Copies of the referenced study are available free from National Dietary Research, Suite 553, 1377 K St., Washington, DC 20005, however please include \$2 postage & handling for each request.

© 1990 Omieron International  
Food Source One is available in chocolate, vanilla or strawberry. A 100 tablet supply only \$24.98. Food Source One is available at:

**RICHARD'S-PARKER DRUG**  
503 Mt. Auburn St.  
924-6388

## Recycling reminders

Newspaper recycling is going well, say public works officials, but newspaper cannot be picked up if it is not packaged properly.

For newspapers to be picked up on a designated week, residents must put the newspapers in brown bags, said Director of Public Works Richard Bowler.

Newspapers for recycling should not be put in plastic bags, even in wet weather, Bowler said.

To date the newspaper recycling

program has been more successful than officials anticipated. The estimated savings in tipping fees since the program began several months ago is about \$25,000.

Much of the early deluge has subsided, said Bowler, although some people had apparently been saving newspapers for a long time for the program was implemented. During the first days of recycling an Arlington Advocate from 1980 was picked up in the Heights.

### Look What's Happening...

We're Mediplex of Lexington, a leader in long-term care. Because we care about our community, we're proud to sponsor a free community speaker series.

You're invited to join us on the 2nd Tuesday of each month, **October, 1990 to May, 1991, from 7:00 - 8:30pm.**

**This month:**

**November 13**  
Joann Koenig-Coste  
Coping Strategies for  
Families of  
Alzheimer's Patients

We hope you'll join us!

- Informal
- Open to the Public
- Refreshments will be served

For more information, call Celeste Ricci, Admissions Coordinator, at (617) 862-7400.

**Mediplex**  
LEXINGTON

178 Lowell Street  
Lexington, MA 02173



**\$2.00 Off**  
with this coupon

**Any Special Wash Package**  
(excluding "Bronze")  
Expires 12/31/90  
Not to be used with other special discount offers

Good Mon. through Fri. only

Books Available At  
Automatic Locations Only

**N. CAMBRIDGE**  
2013 Mass Ave.  
Near Porter Square

**N. SOMERVILLE**  
680 Somerville Ave.  
Corner of Elm & Somerville

**E. CAMBRIDGE**  
262 Magr. O'Brien Hwy  
Lechmere Square

**YOU-DO-IT LOCATIONS**

**S. SOMERVILLE**  
1 McGrath Hwy  
Across From  
Twin City Plaza

**E. SOMERVILLE**  
31 Wash. St.  
Across From  
Holiday Inn

**N. SOMERVILLE**  
684 Somerville Ave.  
Corner of Elm & Somerville

### Arrests

A 30-year-old Grove Street man was arrested on Oct. 30 for possession of class D substances, marijuana and hashish.

Arlington Police, working with postal agents of the U.S. Post Office, had reason to believe that hashish and marijuana had been delivered to an apartment on Grove Street. After obtaining a search warrant, at 11 a.m. on Oct. 30 Arlington Police and postal authorities confiscated a small amount of marijuana. Upon returning to the apartment at 6 p.m. the same day, police arrested the suspect at Grove Street and found approximately six grams of hashish and an ounce of marijuana. The case is now continuing in court.

A 27-year-old Washington Street man was arrested on Oct. 30 for assault and battery.

A 22-year-old Arlington man was arrested at Pond Lane on Nov. 3 on an Arlington default warrant for failure to appear for probation.

On Nov. 3, a 26-year-old Winchester man was arrested at Freeman Street and Mass. Avenue for speeding and operating a motor vehicle with a revoked license.

A 39-year-old Quincy man was arrested on Nov. 4 for shoplifting at Walgreen's after attempting to steal hair clipper trim sets valued at \$16.99 each and other cosmetic material. He was charged with larceny under \$200.

### Miscellaneous

On Oct. 29, an Arrowhead Lane man reported that he has been receiving obscene phone calls from a male usually at night.

A 13-year-old Cambridge youth was detained by the store detective at Stop & Shop for larceny under \$250. The detective will seek complaints in Cambridge Juvenile Court.

On Oct. 31, an Irving Street man reported being assaulted by three youths near Park Terrace.

A 15-year-old youth reported on Nov. 3 that he, along with two friends, had been assaulted by six youths between 10-10:30 p.m.

A 16-year-old Webster Street youth reported on Nov. 3 that he had been assaulted at the Municipal Lot by other youths and he was hit on the head with a rock.

### Break-ins

#### and Larcenies

On Oct. 29, a Hamilton Road man

reported the loss of Mobile and Visa credit cards since Oct. 17.

A Mass. Avenue man reported on Oct. 29 \$810 worth of clothing taken from a laundry room on Mass. Avenue between 8:30-9 p.m.

An Old Colony Lane woman reported on Oct. 30 that she surprised two men when she came home who were attempting a robbery. She recognized both suspects, and nothing was taken. She will seek court complaints.

A Jason Street man reported on Oct. 31 that a \$1,200 12-speed mountainbike was taken since late September from his porch.

A Hillside Avenue man reported on Oct. 31 that an Eddie Bauer bag containing carpentry tools initialed JSG was taken from his 1978 Nissan.

A Melrose Street man reported on Oct. 31 a small amount of change taken.

A Pine Street woman reported damage to a screen and an attempt to break-and-enter on Oct. 31.

On Nov. 1, a Gardner Street woman reported the left side window broken on her 1988 Hyundai and her AM/FM stereo stolen.

A Newport Street man reported on Nov. 1 that between Oct. 13-27, 39 tickets to Boston Celtics basketball games were either lost or stolen. The tickets value was set at \$850.

On Nov. 1, a Linwood Street woman reported that during the day a VCR, TV, and stereo equipment were stolen with no sign of forced entry. They were valued at \$1,000.

On Nov. 2, an Arizona Terrace Unit man reported that sometime during the night there was an attempted entry into his 1985 Pontiac and the steering column was damaged.

A Freeman Street man reported on Nov. 4 that a boy's, 24-inch, silver, Mongoose bicycle worth \$200 was taken from his garage during the night.

Tanzarelli's reported on Nov. 4 that a container with an unknown amount of cash was taken from the counter by an 18-year-old, 5-foot 10-inch tall, 180 pound male. The container was for charity.

### Vandalism

On Oct. 29, the Hardy School on Lake Street reported that playground equipment had been spray painted.

The Stratton School on Mountain Avenue reported on Oct. 29 that bottles were smashed on the playground and the parking lot.

Lundy's Auto of Mass. Avenue reported on Oct. 30 that a 1987 Mer-

cury had a side window broken while on Henderson Street.

A Franklin Street man reported on Oct. 31 that eggs had been thrown at his house.

A Hillside Avenue man reported that a sheet draped over a lamp post had been set afire by youths who fled on Oct. 31.

Holovak and Coughlin of Mill Street reported on Oct. 31 that a 5-foot by 4-foot window was damaged by BB shot.

An Elmore Street woman reported on Oct. 31 that a passenger side window on her 1988 Mazda was smashed.

On Nov. 1, a Westminster Avenue man reported that at 12:10 a.m. unknown persons broke a 3-foot by 3-foot storm glass window with a pumpkin.

A Tremont Street man reported on Nov. 1 four tires were slashed overnight on his 1978 Dodge.

A Hibbert Street man reported on Nov. 1 that between 3:43 a.m. an unknown person smashed the rear window on his 1987 Ford.

A Decatur Street woman reported on Nov. 2 that her four tires had been slashed on her 1988 Oldsmobile during the night.

A Perkins Street man reported on Nov. 2 that the left side was keyed and the hood ornament damaged during the night of Oct. 31 on his 1987 Lincoln.

On Nov. 2, a Washington Street man reported that a 5-foot by 5-foot window was broken by a rock thrown by an unknown youth.

A Puritan Road woman reported on Nov. 3 that a 10-inch by 12-inch window was broken last evening by an unknown object.

A Webster Street man reported on Nov. 3 that his 1987 Nissan was spray painted at 10 p.m. on Oct. 31.

## Shanghai gets license

(From page 1A)

ers on relocating somewhere else in town.

Also, on Monday attorneys for the Arlington Center Garage & Service Corporation, owned by the Mirak Family, filed an appeal of a decision by the Redevelopment Board to approve the building plans for the Shanghai expansion.

The Miraks, who own property behind and next to Gechjian's building, are appealing the decision because they contend the board's action is "defective and exceeds the authority of the board because the specific findings required by each provision of the by-law are not set forth in the decision."

The Miraks have had a plan on the drawing boards for several years for a major development around the 432-436 Mass. Ave. building and the former Shattuck's hardware location. The development plans include residential condominiums, retail space and a restaurant.

The Miraks are seeking to have the Redevelopment Board's special permit decision annulled because it was also "vague and leaves a large number of undefined issues which, as reflected in the decision itself, shall have a substantial effect upon Mirak," according to the appeal filed Monday with the town clerk's office. Appeals are acted upon by a state judge.

The Redevelopment Board's decision included language that required

the Lo Family as developers of the restaurant expansion to work in cooperation with the Miraks on plans for the rear of the building so the two projects would not interfere with each other.

However, the Redevelopment Board has scheduled a hearing on Nov. 26 to possibly make amendments to the original decision granting the special permit. The board could take action to remove the language concerning the Mirak project.

In making his case to the selectmen Monday, Grannan urged the board "to separate yourselves from these extraneous issues."

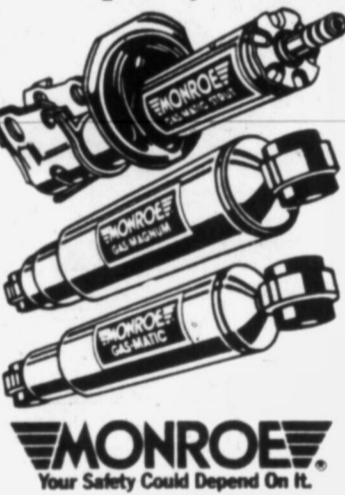
Grannan, who was apparently unaware the Mirak appeal had been filed, told the board: "If [Mirak] has done that he has made a big mistake. We will defend this vigorously. Mirak's appeal, we expect, will fail, and will fail immediately. We will defend this with full force."

The board was able to take its action on the alcohol license because it is legally unrelated to the special permit. Town Counsel John Maher told the board the liquor license would not be valid until the 99 or more seats are in place. Construction for the expansion cannot begin until the special permit is received by developers.

Also, the board of selectmen had to take action within 30 days of the license application. The Lo Family applied for the licenses nearly a month prior to Monday's meeting.

## Don't Find Out Your Shocks Or Struts Are Worn By Accident!

Worn shocks and struts may affect your car's handling, control and braking. Replace them with quality Monroe® ride control products!



**20% Off**  
All Struts & Shocks  
**Palmer's Garage**

Fuel Injection Service • 24 Hour Towing &  
Road Service • Onboard Computer  
Diagnostic Center  
**643-3345**  
General Repairs • Brake &  
Alignment Service  
712 Summer Street  
Arlington, MA 02174

MO-108

## LOSE WEIGHT!

"Holiday Trimming  
Has Never Been Easier!"

HOLIDAY TRIMDOWN PLAN!  
**UNLIMITED VISITS 'TIL  
JAN. 5, 1991 JUST \$49!**

Offer Good Nov. 4-17 Only!

**New Members Welcome Anytime!**

There's a weekly FLEXI-GROUP Meeting near you!  
Ask about New **EXPRESS GROUPS**,  
Remember, The Holidays are Easier When  
We Work Together!

CLASSES HELD IN:  
ARLINGTON

Call now and SAVE:  
**MASS: 1-800-439-4466**  
**THE DIET WORKSHOP®**



## THIS THANKSGIVING WE'LL FIX THE FIXIN'S.



WE  
MAKE IT  
ALL FRESH DAILY.

Once the turkey is in the oven, the tough part starts... making all the fixin's: the mashed potatoes, gravy, stuffing, squash, vegetables, cranberry walnut relish, pies and other desserts... whew!!!

Now, Boston Chicken does it for you. We have more than a dozen delicious traditional fixin's to complement your holiday turkey, including our NEW gravy and

stuffing. All made fresh daily with strictly fresh natural ingredients.

**YOU CALL. WE COOK.**

**BOSTON**  
**Chicken**  
TAKE HOME COOKING

Open until 10pm the night before Thanksgiving

Arlington: 129 Massachusetts Avenue  
Chicken Hotline: 617-350-0000  
Seating Available

Woburn: Woburn Plaza  
500 Cambridge Road  
Chicken Hotline: 942-9064  
Seating Available

TAKE HOME COOKING

INDIVIDUALS  
COME TO US  
FOR HELP WITH  
A VARIETY OF  
PROBLEMS

**CAULFIELD  
CENTER**

Caulfield Center offers a range of programs, both in-patient and out-patient to meet your needs.

Providing Addiction & Psychiatric Services to  
the Northern & Western Suburbs Since 1974  
Accepting referrals 24 hours a day

**Services Include:**

- Inpatient programs for alcoholism, drug addictions and all types of substance abuse.
- Inpatient programs for all types of mental illness and emotional problems
- Dual Diagnosis Programs
- Addiction Day & Evening Treatment
- Addiction and Co-Dependency Groups

**Caulfield Center**

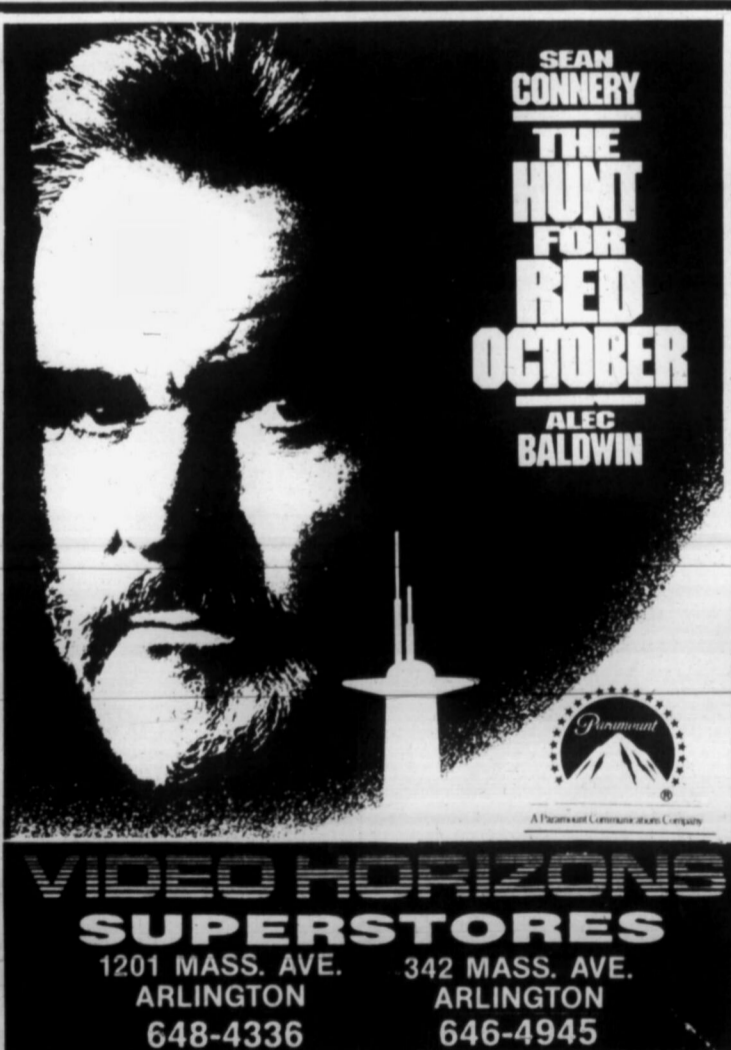
The Medical Center at Choate • 23 Warren Ave., Woburn

Kenneth Minkoff, M.D.  
Chief of Psychiatry

**617-933-6700**

Gail Hanson-Mayer,  
RN, MPH Program Director

The Caulfield Center is a Division of Choate Health Systems, Inc.



**VIDEO HORIZONS  
SUPERSTORES**

1201 MASS. AVE.  
ARLINGTON  
648-4336

342 MASS. AVE.  
ARLINGTON  
646-4945

**You're 9 months pregnant  
and you need to  
go back to work  
in 8 weeks.**

**OPEN HOUSE**  
Sat., Nov. 10th at  
Memorial Drive Center  
11 a.m. - 2 p.m.

**MULBERRY**  
CHILD CARE CENTER  
Flexible Hours. 8 weeks thru Kindergarten.

**Now enrolling at all 5 locations.**

**Boston**  
Mercantile Ctr. 117 Atlantic Ave. 617-248-9775

**Cambridge**  
• 725 Concord Ave. 617-547-9540  
• Riverside Technology Ctr. 840 Memorial Drive 617-354-4945

**Somerville**  
Davis Square Ctr. 18-48 Holland St. 617-666-9007

**Norwood**  
275 Prospect St. (Prospect & Nahatan) 617-255-9779

# SAT scores drop from 1989, although still at average

By R. SCOTT RAYNOVICH  
Advocate Assistant Editor

Although still above the national average, Arlington High's 1990 Scholastic Aptitude Test scores are noticeably lower than in 1989.

According to a report to the School Committee from Vincent J. D'Antona, director of guidance, Arlington's verbal mean score was 427, compared with a national mean of 424, and the math mean was 491, compared to a national mean of 476. The Massachusetts mean scores were an equivalent 427 for verbal and a lower 473 for math.

The report's observations attributed declines in scores to the increasing influence of television,

and a possible decrease in the amount of reading students are doing. D'Antona added in a phone interview that it was the "responsibility of the parents and the school to work as a partnership to encourage more reading."

D'Antona added that one of the best ways for parents to help is to read more themselves. "Kids learn by modeling," he said.

School Committee Chairman William O'Brien agreed that students need to read more and parents should encourage their children in their school work.

"I think a lot of parents just don't give them incentive to do anything," said O'Brien in a telephone interview this week.

The national average verbal score for the high school Class of 1990 was three points lower than last year's, while the math average stayed the same. For women, the average verbal score fell by two points, and the math average improved by one point. Among men, the average verbal score fell five points, and the math average dropped one point.

One of the bright spots in the Arlington results was a diminished gender gap in the scores. While national results exhibited a 10-point differential in verbal scores between men and women, Arlington's gap was only four points. The national difference in math scores was 54 points, but the Arlington results

show only a 30 point difference.

D'Antona said the diminished gender gap was probably due to the fact that girls are encouraged to take honors and AP courses in Arlington High, as opposed to the national trend to have more boys in upper-level classes. "In Arlington if you look at the numbers [of male and female participants in upper-level courses,] they are almost equal," said D'Antona.

Parents and educators are concerned both locally and nationwide with drops in scores, particularly verbal scores. "Students must pay less attention to videogames and music videos and begin to read more," said the College Board Pres-

ident in a recent statement, "reading is in danger of becoming a 'lost art' among too many American students — and that would be a national tragedy."

A report earlier this year from the National Assessment of Educational Progress confirmed that students at all grade levels spend little time reading or writing, whether in or out of school, and that few students can analyze or understand the full meaning of what they read.

Also included in the report to the School Committee were the results of the Senior Survey Questionnaire examining seniors' post-graduated plans.

According to those results, 67.7 percent of the 297 graduates of Arlington High School in the class of 1990 will go to four-year colleges, 19.9 percent will be attending junior colleges or technical schools, 8.7 percent will be pursuing employment, and 1.7 percent will become members of the armed forces.

## Commuter Bikeway plan ready to roll

By R. SCOTT RAYNOVICH  
Advocate Assistant Editor

The Rails-to-Trails Conservancy, a grass roots organization based in Washington D.C., could rescue the proposed Minuteman Bikeway project from the bureaucratic mire that has prevented its construction.

The four-year-old organization, along with Town Manager Donald R. Marquis and Town Planner Alan McClennen, have recently convinced Boston and Maine Corporation and the state's Executive Office of Transportation of Construction to cooperate by allowing Rails-to-Trails to petition the Interstate Commerce Commission (ICC) for abandonment of the railroad right-of-way through which the

11.2-mile bikeway would run.

The ICC is the last hurdle of red tape to be jumped before construction can begin, since state funding created by the recent gas tax increase is already in place.

If the ICC accepts the petition, the 15-year-old plans for a commuter bikeway running through Bedford, Lexington, and Arlington to the Alewife MBTA station could become a reality.

Rails-to-Trails has been active in pursuing projects similar to the Minuteman Bikeway all over the country, and has an experienced legal counsel that is familiar with railroad right-of-way issues.

The organization formed as an effort to turn the plethora of aban-

doned railroad grades into community assets. More than 3,000 miles of railroad tracks go out of service every year in the United States.

These railroad corridors are viewed as scarce commodities in urban areas such as Arlington, where they represent the last significant open spaces.

To prevent these parcels from being snatched up by developers, activists have lobbied to preserve them in some way. Federal legislation passed in 1983 advocates that the rights-of-way of these railroad tracks be "banked" in case the country ever had a need to reactivate back to them, and the U.S. Supreme Court recently backed that legisla-

tion with a decision that said the banking of railroad rights of way by using them for benign purposes such as bike paths was constitutional.

According to McClennen, if the ICC allows the petition from Rails-to-Trails, the bikeway would go out to bid this fall and construction could possibly begin by the spring of 1991.

At the earliest, the 11.2-mile commuter bikeway could be finished by the winter of 1991. The cost of the project is still estimated at \$3 million and will be funded by the state.

The 12-foot-wide path would be used for commuter bicycling, although recreational uses such as jogging and walking will also be encouraged.

### Government Books & More!

Send for your free catalog

Free Catalog

Box 37000

Washington DC 20013-7000

### VERNONS

ALL GOWNS

\$25 TO \$50

SIZE 6 THRU 22

386 MOODY ST. WALTHAM • 894-1744

### HOME HEATING OIL COMPLETE SERVICE 24 HOURS A DAY

\$1.17 PER GALLON  
SUBJECT TO CHANGE

PORT OIL CORPORATION  
DIV. OF REYNOLDS IND. INC.

617-926-3500

EST. 1945

### BARGAIN SPOT LIQUORS of WEST MEDFORD INC.

440 High St. W. Medford Square  
Tel. 395-1962

SALE ENDS NOV. 14, 1990

**MILLER** High Life or Lite  
24-12 oz. cans - loose **\$11.99**

**BUSCH** Reg. or Light  
24-12 oz. cans - loose **\$8.99**

**HEINEKEN** Reg.  
24-12 oz. bottles - loose **\$16.99**

**SANDY SCOT**  
1.75 Ltr. **\$15.99**

**CHRISTIAN BROS.** Brandy  
1.75 Ltr. **\$13.99**

**EARLY TIMES** Whiskey  
1.75 Ltr. **\$12.99**

**KIMNOFF** Vodka  
1.75 Ltr. **\$8.69**

**PAUL MASSON** Wines  
1.5 Ltr. Chablis, Rhine, Rose & Burgundy **\$3.59**

**WHITE ZINFANDEL** 3 For **\$9.99**  
750 ML From Christian Bros.

**GALLO'S** Wines **\$5.29**  
3 Ltr. Chablis, Rhine, Rose & Burgundy

We reserve the right to limit quantities  
All beer plus deposit

Not responsible for typographical errors  
We accept MasterCard, VISA

### BRATTLE PHARMACY INC.

Alfred S. Cavaretta, B.S. Reg., Pharmacist  
1043 Mass. Ave., Arlington

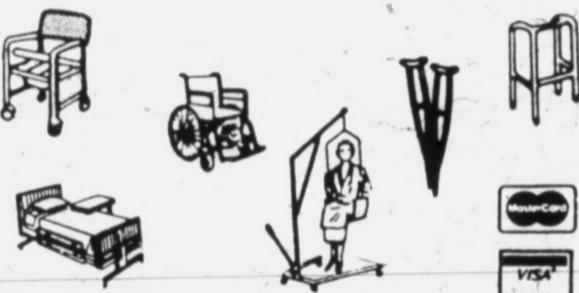
Russell Hanes®  
CANDIES

643-3267

Hallmark  
Cards

"Where your prescription dollar buys more."

HOSPITAL AND SURGICAL  
SUPPLIES



SALES & RENTALS

Open Sundays 8 a.m. to 8 p.m.  
Mon. thru Sat. 8 a.m. to 10 p.m.

Over 53 years under same owner and management

FREE BLOOD PRESSURE CLINIC  
EVERY WEDNESDAY 1-3 P.M.

### FALL IS WINDOW REPLACEMENT TIME



#### Replace troublesome windows

and give your home a new, elegant look with windows from Shoemaker Inc. - The HomeSavers. We've got window options for every need and budget, including:

- Hess vinyl replacement windows
- Armadad solid core storm doors
- Armadad porch enclosures
- Armadad deck and patio roofs
- Hess insulated bay and bow windows, too!

And, when winter rolls around, you'll save money on your heating bill because these energy-saving windows eliminate leaks and drafts which drive your heating costs up dramatically - no matter how well-insulated your house is.

Call now for a free copy of our Home Improvement Guide.

To receive this guide or a free estimate, call Bix Shoemaker at (617) 275-9300 (days), (508) 456-8024 (evenings).

Or, call Jack Glennon evenings at (617) 275-0131.

Office and showroom located at 74 Loomis Street, Bedford.

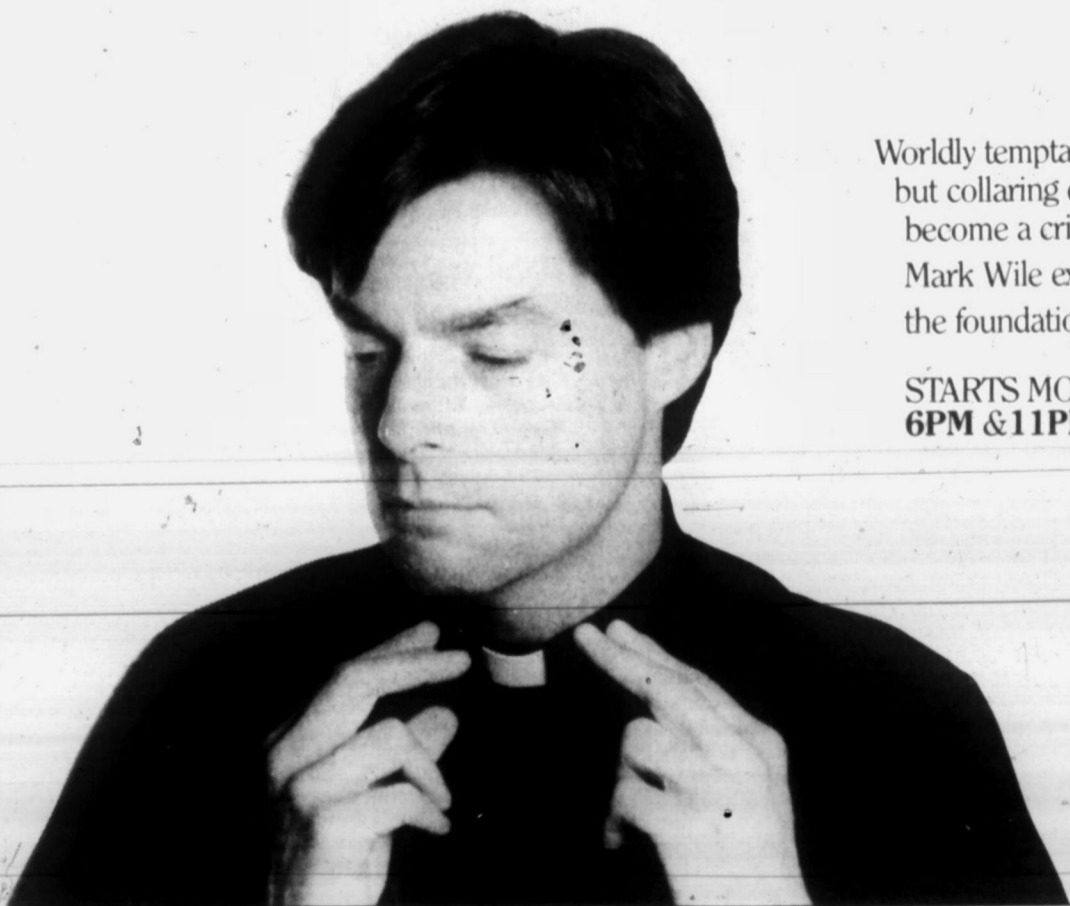


SHOEMAKER, INC.

— The HomeSavers



THIS WEEK, 7 PEOPLE CONSIDER AN ACT OF FAITH.



Worldly temptations are as old as Adam, but collaring desire in a modern world has become a crisis in the Catholic priesthood. Mark Wile examines the pressures threatening the foundation of the Church.

STARTS MONDAY  
6PM & 11PM



NEWS 7

# Comment

## BEACON HILL ROLL CALL

Beacon Hill Roll Call  
Volume 17 — Report No. 39  
Massachusetts Senate

**The House and Senate** — The House and Senate continue their recess. This week, "Beacon Hill Roll Call" records local senators' votes on six previously unrecorded roll calls on the Senate version of a \$1.6 billion package of income and gas tax hikes which includes an extension of the sales tax to hundreds of previously exempt services. This version is different from the version eventually agreed upon by the House and Senate and later signed by Governor Dukakis. The bill number is S 1700.

**Recommit** — Senate 28-8, refused to recommit the tax package to the Ways and Means Committee. Recommittal supporters argued the committee should hold public hearings and allow input and inspection of the proposal. Opponents said it is time for the Senate to consider this measure which has been discussed for weeks. A Yea vote is for recommitment. A Nay vote is against recommitment. Senator Richard Kraus voted no.

**In Print** — Senate 26-10, approved a motion to suspend the rules requiring all bills to be in print 24 hours before consideration by the Senate. Suspension supporters said senators are familiar with the bill and urged action. Opponents said senators have not had sufficient time to even read the text of what may be the biggest tax hike in the state's history. A Yea vote is against requiring the bill to be in print for 24 hours. A Nay vote is for requiring the bill to be in print for 24 hours. Kraus voted yes.

**Tax Break** — Senate 34-2, approved an amendment giving an income tax break to taxpayers making \$30,000 or less and who pay more than a certain percentage of their income on property taxes or rent. Amendment supporters said this will provide tax relief to low and middle income people from the high cost of housing and argued 40 percent of the beneficiaries would be the elderly. Some opponents said the

state cannot afford the \$50 million loss while others said the amendment is a form of an unconstitutional graduated income tax. A Yea vote is for the amendment. A Nay vote is against it. Kraus voted yes.

**Postpone** — Senate 23-9, rejected a motion to postpone action on the tax hike until consideration of the state budget. Supporters said the Senate should not pass a tax hike until it attempts to make budget cuts and deal with the state budget. Opponents said the Senate should tackle its responsibilities and consider the tax hike now. A Yea vote is for postponement. A Nay vote is against postponement. Kraus voted no.

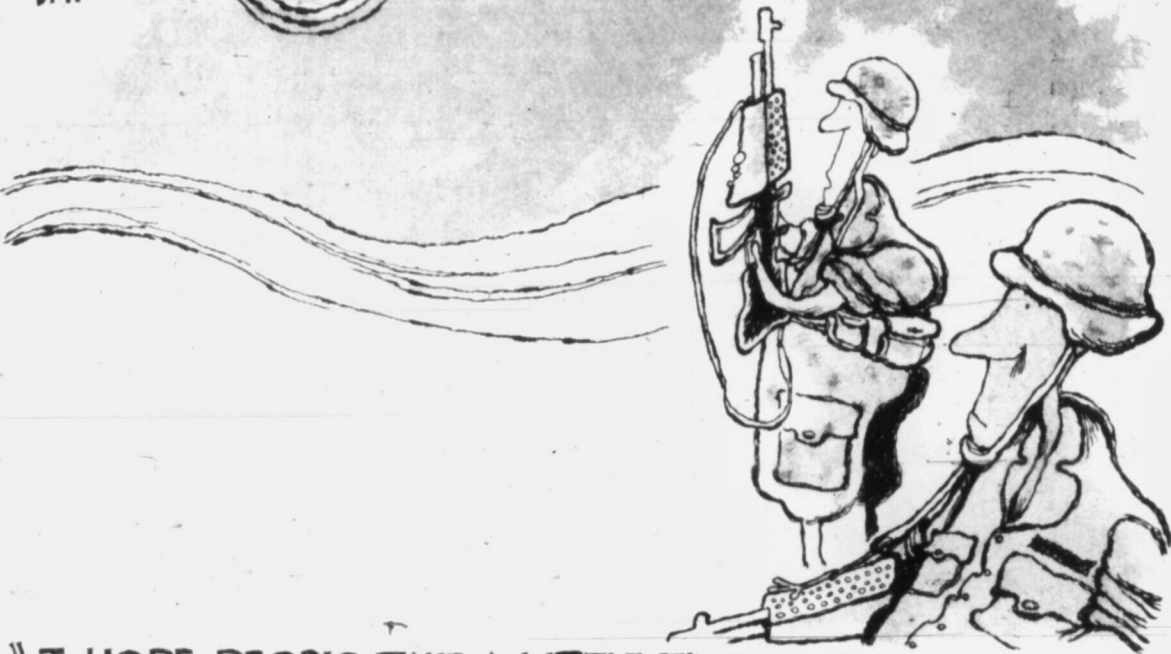
**Borrowing** — Senate 24-9, rejected an amendment to a section establishing a new Compact Trust empowered to issue debt and invest money and designed to absorb a certain amount of revenue and distribute it in the form of local aid to cities and towns. The amendment would prohibit the Trust from issuing obligations with a maturity date of more than five years. Amendment supporters said this five year restriction is fiscally responsible and will prohibit longer term costly borrowing. Opponents said the amendment is too restrictive and limits the flexibility of the Trust. A Yea vote is for the five year limit. A Nay vote is against it. Kraus voted no.

**Ethics** — Senate 26-12, approved an amendment allowing public employees to recover costs incurred in the defense of charges if an Ethics Commission order is modified or set aside by a court. Amendment supporters said this would allow public employees who were found not to have violated the law to recover cost. Opponents said the amendment has nothing to do with taxes and should be considered as a separate bill. A Yea vote is for the amendment. A Nay vote is against it. Kraus voted no.

News Item:  
MONDAY IS  
VETERANS'  
DAY



DISCIDER 1990  
The Arlington  
Advocate



## GUEST COLUMN

# The Russian people and the Cold War

By CHARLES W. ANNABLE  
Special to The Advocate

I look back almost five decades and compare the Europe of the present and the Europe of the past, it seems almost a miracle that today I can see peace reign over the continent. I was brought up in the age of the "Cold War", and I have seen and experienced the hate, injustice and fear that accompanies the closed door policies of two great super powers. Now I see walls tumbling down, borders opening, tyranny crushed and above all a mutual and warming trust between Russia and the United States.

Amid the joy and celebration of freedom, I cannot help but think of the Russian people. During the period of the "Cold War", I was taught to hate "Russia" and the Godless Communists and on more than one occasion have been in open combat with communist armed forces. Whenever we thought of "Russia", we thought of an entity which included the government, military, and intelligence units of a hostile regime.

There was never any distinction between the different factions. One complemented and existed for the

others and vice versa. The Russian people were just thought of as the "Comms" and a potential foe ready to destroy Democracy when given the order. Now, with the new open policies stressed by the Russian leaders now in power, we are looking at Russia through new glasses. We now see a possible friend and ally, sharing new views and ideas, helping each other try to reach a compatible relationship, and even trying to open new avenues of trade.

It is not the government or the politburo I wish to talk about. I am going to attempt to identify and explore only the Russian people; the Russians we never gave any real thought of till the point in history.

To begin to understand the Russian people we must first understand their sacrifices. Before and after World War II, the Stalinist regime slaughtered untold millions of their citizens during political purges. The Nazi war machine killed 20 million more of their people in their pursuit of conquest. Even today it is extremely difficult to comprehend the fact that almost three times as many Russian citizens were butchered than all the Jews in the infam-

ous camps. After all, the "Comms" were our enemy, so why waste tears or compassion on a foe. Yet, it was not the Commissars or the NKVD/KGB that died, but the average citizen, the backbone of their country.

After World War II, while the world licked her many wounds and toiled to restore a normalcy to her people, Russia faced the total desolation of her land and faced this bitter prospect alone and isolated.

Massive rebuilding programs were initiated with the grieving Russian people forced into commuted hard labor for decades of hard labor, not for themselves, but for the good of the state. The word individual was only used as a digit in the total computation of state reports.

Existing for decades with only the barest of human freedoms, they toiled for the state, enduring sacrifice after sacrifice, without the smallest luxury we Americans have taken for granted for a century. With all these problems, they had to endure in a harsh environment that crippled Napoleon's and Hitler's massive war machines. Yet they survive, they endure and they continue to

struggle for a better life.

Now after a century of oppression, the yoke has lifted. To think, and not only to think, but to express these thoughts without condemnation and reprisal. To build, to create, to exist not only for the state, but for their own well-being. We Americans can only imagine their joy at this new found freedom, after all, we have been given this freedom at birth and have never been called to sacrifice at the scale asked of the Russian people.

Imagine the pure joy of creation that must prevail in Russia at this time in their history. Try to imagine the ideas, the new hopes and dreams, the vibrant electricity that must be in their lives at this time. They will be able to build without fear, to toil for not just the State but for their own futures and the well-being of their families.

Imagine the average citizen as they express once suppressed ideas, to study, to read, to view, and to utilize information and texts that were once considered subversive and against Party policies.

(Charles W. Annable is a resident of Arlington.)

## LETTERS TO THE EDITOR

### Money needed for programs

TO THE EDITOR:

Let's look at the Stop & Shop decision from a different angle. Imagine that the School Committee had just decided to spend \$4 million to buy 2.4 acres of land from Stop & Shop to create an extra athletic field for the high school. In consequence, the superstore, with its fabulous produce section, seafood market, etc., was to be scaled back to a basic supermarket, leaving thousands of Arlingtonians with less choice and convenience, and throwing hundreds out of work (many of them high school and college students). To top it all off, tax revenues from the property, currently running at \$80,000 per year, would be forfeited forever.

Can you imagine the uproar this would cause? Taxpayers would be screaming about wasting money in this fashion, especially so soon after the Proposition 2½ override. Most educators would be questioning whether this was the best way to spend the \$4 million. Students thrown out of relatively good-paying jobs would be carrying protest signs on Mass Ave. Many would be asking what the high school intends to do with the land and why it needs it when enrollments are falling. Those of us who would like to see improvements in Arlington's open space would be pointing out dozens of more effective ways to do so.

Yet despite the different angle, this is exactly the same situation the School Committee faced. Not accepting the \$4 million is equivalent to spending it. Conservation Commission Chairman Bruce Whittle is quoted in The Advocate as calling this a "priceless and paltry" sum for this "priceless and irreplaceable" resource. We're not talking about the Grand Canyon. This land was bulldozed into its current state only five years ago. If the school finds they really need the extra field, there are plenty of other potential locations. Even if physical education and recreation are the most important potential uses for

the money (personally I'd vote for more calculus and physics, less football), the money would be better spent fixing neighborhood parks (e.g. the small amount that went to building the Skyline playground has dramatically increased the use and usefulness of the park — what would it take to similarly fix up the tennis and basketball courts for the older kids?). Open space is not a matter of quantity, but quality. Let's make the best use of all of our resources.

Does the School Committee honestly believe that they cannot find better uses for \$4 million than this underutilized field? I supported the Proposition 2½ override because I didn't want to see education short-changed, but if this is a good indication of how the School Committee manages its resources, I regret my vote.

Michael Dornbrook

### Residents remember Nora Lynch

TO THE EDITOR:

On Oct. 7, Nora Lynch was hit by a car and killed. Her death was a great loss to our community.

Nora was a very special woman who devoted her life to nurturing children, her own five who are now fine young adults, and many others she cared for during her years of providing family daycare.

Her family and many others who loved her dearly want to create a fitting memorial to this wonderful woman. Her family requested donations to the Hardy School Playground Committee in lieu of flowers at the time of her funeral in order to provide new playground equipment for the children. We know she would have liked that. She loved taking children to playgrounds.

We have raised a substantial amount of money toward this goal and hope to add to it in order to purchase and install the new equipment by next spring.

If you knew Nora and have meant to donate but just haven't gotten to it yet, please do now so we will know

how much money we have available to move forward in choosing equipment and planning to install it.

If you didn't know Nora, but like the idea of a dynamic memorial to a woman who devoted her life to nurturing children, please consider donating whatever you can to help us in this project. Any amount is welcome.

One hundred percent of the money collected will go to playground improvements. All the planning, coordination and building will be done by volunteers who loved Nora and love children.

The playground will be open to all children in the community, and will be a welcome addition to facilities available in East Arlington.

If you can help, please send your donation to the Hardy School Playground Committee, c/o Hardy School, 52 Lake St., Arlington, Mass. 02174.

Priscilla Allen  
Lisa and Bob Cohen  
Nancy and Don Cox  
Michael and Donna Driscoll  
Roberta and Jeff Fortgang  
Elinor Freedman and Joe Casey  
Ellen and Jim Miller  
Gretchen and Robert Preston  
Kathe Rhoades  
Kenton Rhoades  
Larry Rosenblum and Tweedy Watkins  
Terry Schiller  
Barbara and Allan Tosti

### Garden Club thanks supporters

TO THE EDITOR:

The Garden Club, under the leadership of President Mrs. Edward Linehan, wishes to thank every one who supported the Club's annual fair and luncheon. The money raised supports the community projects of the club.

Among the projects are: the Arbor Day tree plantings, annual scholarship, plant therapy at two local nursing homes, and maintaining the gardens at the Jason Russell House.

In addition, the Club sponsors Trees Please, Cooke's Hollow,

donates books to Robbins Library in memory of deceased members, and makes floral arrangements for the Carol Sing in December and the Strawberry Festival in June.

The next meeting of the Club will be held at St. John's Episcopal Church, Nov. 14 at 12:30 p.m. The meeting will be a workshop for members only given by local floral designer Debbie Cody.

The Arlington Garden Club

### 'No' vote urged on abortion bill

TO THE EDITOR:

On Wednesday, Nov. 14, House Bill 4001 will once again come up for a vote. This horrendous bill sponsored by the Massachusetts Coalition for Choice (Religious Coalition for Choice, Planned Parenthood, League of Women Voters, N.O.W.) would allow the destruction of an unborn child in a woman's womb up to and including the ninth month of pregnancy. All concerned citizens are urged to contact their senators and representatives requesting that they vote no on this pro-death bill.

Bill and Nona Croke  
Arlington-Winchester  
Citizens for Life

### Stop & Shop plan needed

TO THE EDITOR:

Over the last few months I have been reading about Stop & Shop's various proposals to expand the store in Arlington and about the concerns of neighbors and public officials about this controversial "deal" that the town can make. I feel compelled, to express my thoughts on a very important issue confronting Arlington's future.

My initial reaction to this proposal was that it seemed like an eminent domain issue in reverse — taking public land to suit a private purpose instead of taking private land to suit a public purpose, as a highway project would do. Why would Stop &

(See LETTERS, page 8A)

Recycle

Arlington

DO YOU KNOW THAT --

The total cost of trash collection and disposal in Arlington was more than two million dollars last year --

Arlington trash is burned in No. Andover and the ashes are put in a landfill in Peabody. In 1981 it cost \$10 to burn one ton of trash, while the present cost is \$60 per ton --

EVERYONE'S HELP IS NEEDED TO REDUCE, REUSE, AND RECYCLE. HOW? WATCH FOR FURTHER NOTES AND TIPS IN THIS PAPER AND OTHER PUBLICATIONS --

AT PRESENT, THERE IS NO PLACE IN OUR COMMUNITY WHERE WE CAN RECYCLE. IF YOU WOULD LIKE ONE, LET YOUR SELECTPERSON KNOW HOW YOU FEEL!

We welcome your opinion

The Advocate invites readers to submit letters to the editor and guest opinion columns on matters of community interest. Letters and columns should be typed, double-spaced, and must include the writer's name, address and telephone number. Anonymous letters are not accepted for publication. Letters should not exceed two, type-written pages. The Advocate will edit letters and columns for style, grammar and taste. The newspaper reserves the right to limit the number of letters or columns published from any person or organization. Deadline is 3 p.m. Monday prior to the Thursday on which the writer wishes to have the material published. Submission by the deadline does not guarantee publication. Send letters and columns to Editor Carol Beggy, The Arlington Advocate, 5 Water St., Arlington, Mass. 02174.

The Arlington Advocate

Established 1872  
Published Every Thursday

5 Water Street  
Arlington, MA 02174

Circulation 890-NEWS  
Editorial 617-643-7901 Advertising 617-729-8100

Single newsstand copy 50¢; Subscription by mail, in county, \$18 per year. Out of county by mail \$30 per year.

"That people everywhere may better understand the Circumstances of Public Affairs..." Benj. Harris

Asa Cole, Publisher  
William Finucane, Executive Editor  
Carol Beggy, Editor  
Walter V. Moynihan, Sports Editor  
R. Scott Raynovich, Assistant Editor  
Susan Robinson, Advertising Director  
Joan Gorrasi, Administrative Assistant  
Elizabeth Christiansen, Newspaper Operations Manager

Display Advertising Staff: Diane Barow, Rebecca Catalano, Harris Carrier, Lisa Engstrom, Virginia Horgan, Heather Linscott, Irv Nudel, Marie Tushy. Telemarketing Customer Service Manager: Clare Smith, Classified Telemarketing Manager: Sara Crowley, Recruitment Sales Manager: Jennifer Ellis, Editorial Typesetting Supervisor: Meredith Life Day

Circulation is independently audited by Certified Audit of Circulations, Inc., P.O. Box 379, Wayne, N.J. 07474. Reports available upon request.

Member of: National Newspaper Association, Suburban Newspapers of America, Suburban Newspapers of America, New England Press Association, New England Newspapers Association, Massachusetts Press Association, Massachusetts Newspaper Publishers Association.

The Advocate is part of Hart-Hanks Community Newspapers/Boston

This newspaper assumes no financial responsibility for errors in advertisements, but that part of an advertisement in which an error occurs will be published without charge in the next issue. The advertiser is responsible for prompt notification of errors that occur. This newspaper reserves the right to reject or cancel advertising at any time without notice or cause. Advertising is accepted only under the above conditions and no warranty or guarantee as to run dates or position is expressed or implied nor can these terms be altered by any agency of Century Publications, Inc. except in writing by an officer of the corporation.

The Arlington Advocate, established 1872, incorporates the Arlington News, established 1915, and the Arlington Press, established 1946.

The Arlington Advocate (USPS 031-900) is published weekly at \$18.00 (\$30.00 out of county) by Century Publications, Inc. A subsidiary of Hart-Hanks Communications, P.O. Box 9152, Waltham, MA 02254. Second Class postage paid at Boston, MA. Send address change to The Arlington Advocate, Circulation Department, P.O. Box 9152, Waltham, MA 02254.

# Upkeep of fire trucks difficult

By R. SCOTT RAYNOVICH  
Advocate Assistant Editor

Maintaining the town of Arlington's fire equipment is becoming an increasingly difficult task, says Robert J. Casey, director of Fire Services, since trucks "just don't last like they used to."

The Fire Department now has two 100-foot aerial ladders on trucks that both need to be replaced at a total cost of \$40,000.

The ladders were tested by American Test Center and found to be in need of repair for the safety of the public and firefighters.

Ladder No. 2 is a 1975 Maxim that has cracks in the main section and needs extensive repair. There is a two-month waiting period to have this ladder repaired and it will take four weeks to replace the main section and refurbish the aerial section

for a total of three months from the time the town grants approval to repair the ladder.

The other ladder truck, No. 1, is a 1984 Pierce Tractor with a 1968 Seagrave Trailer that needs to have the cable for the aerial portion replaced at a cost of approximately \$3,000.

Director Casey said that the department will try to stagger the repairs so that both ladders are not out of service at the same time.

The Fire Department tries to maintain these trucks for at least 20 years since the cost of a new one is about \$400,000.

Even though one of the trucks will be out of service, it will not affect the overall capacity of the Fire Department since it does not have enough personnel to operate all of the vehicles at the same time. "We do not have enough in each group to put

everything in service," said Casey.

Since Proposition 2½ was passed, the staff has dropped from 116 to 86 firefighters, including four recent retirements, while the amount of equipment has remained the same.

The Fire Department operates four pumper trucks and one rescue vehicle in addition to the two ladders. Of these, a 1973 pumper is in poor condition and will need to be replaced soon. The other trucks are in reasonably good condition and shouldn't have to be replaced soon, according to the department.

However, Casey said that it is getting increasingly difficult to get the trucks to last the 20 years that the Fire Department expects out of them due to a decline in the overall quality of materials and workmanship in the vehicles.

## SISTER CITY NEWS

By JUDI PARADIS  
Special to The Advocate

Rick Rabin became the first person from Arlington to officially visit our sister city of Teosinte as part of a delegation from the Boston area this August. Rabin's visit was especially welcome, as our first delegation in April 1989 was denied entry to the village.

As Arlington's delegate to Teosinte, Rabin brought medicine, school supplies, and clothing to the villagers. However, the delegation had purposes in addition to supplying material aid to the villagers. "We were there to look over their (the military's) shoulders and let them know that we would publicize their violation of human rights in repopulated areas such as Teosinte," he reported. "We were also there to educate ourselves, so we could inform the American public about the difficulties and dangers endured by the Salvadoran people, particularly in the repopulated zones. The constant bombing, kidnapping, murder and intimidation of innocent civilians — who only want to raise their families and get on with their lives — is hardly reported in the daily newspapers in this country," he said.

Rabin reported that getting access to Teosinte was both easier and more difficult than had been expected. They obtained passes and reached the village without incident. "But just when we thought that we would arrive unimpeded," he reported, "we had a rather unpleasant surprise; the last mile and a half was completely unpassable by motor vehicle, and we were there during the rainy season. But the welcome we received made it all worthwhile. It seemed like half the town came out to greet us. They insisted on carrying our belongings the rest of the way and made us feel like honored guests."

While in Teosinte, the delegates met with the Teosinte Directiva, the town governing body. Gate West, the delegation leader from the Boston Interfaith Office on Accompaniment said the Directiva began by describing the history of the return to Teosinte from the Mesa Grande refugee camp in Honduras two years ago. West said the Directiva reported numerous incidents of military harassment since their return. "During all this time the people maintained faith in God," they told West. "We were helped by the churches and by sister cities, one in Arlington and one in Canada."

The Directiva also asked West to report their situation to people in the United States. "The U.S. Government should know that the assistance given to El Salvador does not get to the people," they told her. "The majority goes to guns and perhaps to one school here or there."

"Our trip also gave us the opportunity to see what daily life is like in Teosinte," Rabin said. "The main



Rick Rabin, the first resident of Arlington to visit sister city Teosinte, at a party before the trip to El Salvador.

economic activity is agriculture. Corn is the main crop, along with beans and sesame seeds. The farmers say, however, that the army's earlier campaign of bombing and burning has seriously decreased the land's productivity. The people also raise cows, chickens, and pigs."

The sister city project is also planning a series of holiday sales of beautiful handmade Salvadoran and Guatemalan crafts. Anyone interested in attending a sale or hosting one at a home or business is encouraged to contact the sister city project at 646-3976.



## ANNIVERSARY SALE

In Appreciation of your patronage we are offering a selection of specially priced, branded reproductions from D. R. Dimes.

Along with pieces from our collections of Statton Furniture Framed Pictures Unique Lamps

Come by and browse during our two week Sale from November 3 through November 17



**PATTI BROS.**

215 The Boston Post Road, Rt. 20  
Sudbury, MA 01776  
(508) 443-9412

<b>GILES LIQUORS</b> Prices Effective through Nov. 13, 1990 630 High St., Medford • 488-4360 Public FAX Public Copy Machine!!!	
<b>Ruble Vodka</b> 1.75 Liter <b>\$7.99</b>	<b>Molson</b> Golden Light & Dry 24-12 oz. bottles <b>\$12.99</b> + deposit
<b>Sutter Home</b> White Zinfandel 750 Mls <b>3 for \$10.00</b>	<b>Heineken</b> 24 - 12 oz. bottles <b>\$15.99</b> + deposit
<b>Kahlua</b> 750 Mls <b>\$11.99</b>	<b>Canadian Mist</b> 1.75 Liter <b>\$12.99</b>
<b>Gallo</b> Table Wines 3.0 Liter <b>\$4.99</b>	<b>Michelob</b> 24 - 12 oz. bottles <b>\$12.99</b> + deposit
<b>Old Thompson</b> 1.75 Liter <b>\$10.99</b>	<b>Gordon's Gin</b> 1.75 Liter <b>\$11.99</b>
<b>Schaefer Beer</b> Reg. & Light <b>\$7.99</b> + deposit	<b>J &amp; B Scotch</b> 1.75 Liter <b>\$22.99</b>

## Help during holidays

In these difficult economic times, local hospitals are trying to help by offering free lodging at area hotels to relatives of patients in the area during the Thanksgiving and Christmas holiday periods.

The program, which was instituted by the Sheraton Commander Hotel in Cambridge four years ago, has now spread to more than 21 area hospitals. "People have been very appreciative of this policy," said Karen Kroner, director of sales and marketing at the Sheraton. "They want to be with their family over the holidays and this is a small thing we can do to help them."

To qualify for the free accommodations, persons must be traveling more than 50 miles outside Cambridge to visit relatives in local hospitals from Nov. 20-24, (inclusive), and Dec. 23-27, (inclusive). The hospital staff fills out a coupon that can then be presented to the participating hotel. One room per reservation. Meals are not included.

Those who plan to visit their relatives during these periods and want more details should call the Reservations Office at the Sheraton Commander at 547-4800.

# NOW OR NEVER

THERE HAS **NEVER** BEEN A BETTER TIME THAN **NOW** TO BECOME A FIRST TIME HOME BUYER.

PRICES ARE LOWER THAN THEY HAVE BEEN IN YEARS.

YOUR DREAMS OF OWNING YOUR OWN HOME CAN **NOW** BE A REALITY.

VISIT OUR OFFICE AT 75 PARK AVE. SATURDAY AND SUNDAY BETWEEN 11:00 A.M.-4:00 P.M.. MORTGAGE LENDERS WILL BE AVAILABLE TO ADDRESS YOUR FINANCING CONCERNS. THERE IS "NO PLACE LIKE YOUR OWN HOME FOR THE HOLIDAYS."



### FIRST IMPRESSIONS COUNT

...and this 7 Room Colonial stand out from its 13,000 sq ft lot to its front entry porch, or to its bright and cheerful living room with high ceilings to its very modern kitchen then on and on. Come see for yourself at an unbelievable

**\$199K**

### A REAL DOLL HOUSE!



This beautiful handcrafted doll house could be yours for the holidays. Just drop into our office at 75 Park Ave and Register.

**DRAWING - SAT. DEC. 15TH**



### GRAND OPEN HOUSE 1-4 Sunday, Nov. 11

Step into BRAND NEW Center Entrance dream home. All the features you've been waiting for and more.

**\$239,000**

**HOPE TO SEE YOU AT 59 GEORGE STREET.**



### CAREFREE LIVING!

3 levels of elegant living (2286/sq. ft.). Yours for the Holidays, 2/3 bedroom, 1 bath, 2 lavs, full finished lower level w/sliders to a private patio.

**\$219,500**



### GRAND JUMBO PHILLY

Centrally located near the Capital Theater this 6/7 2 family offers the largest in large bedrooms. Owners unit has additional TV room and 2nd level laundry, 6 car parking.

**\$278K**



### MORNINGSIDE

Owner Says Sell! 8 rooms, 3 bedrooms - fireplaced living room and large fireplaced family room, 1 1/2 baths, heated elect. eye garage, plus parking for three more cars. Gas heat. Just move right in.

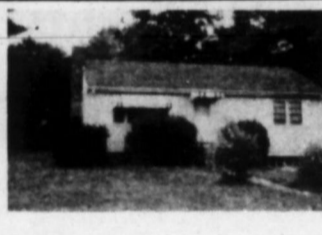
**\$189,900**



### CIRCA 1890

6/8 Victorian Duplex, large country kitchen, plenty of space to tuck that extra piece of furniture. Corner lot, additional Carriage House.

**\$278K**



### DANDELION IN A FLOWER BED

Empty Nest? Just starting? Condo alternative? If your need fits the category we have the ideal home for you... a 2 bedroom Ranch with fireplace and oak floors... A mere

**\$145K**



### WALK TO HEIGHTS, SHOPS & T

\$150's will buy this 8 room, 4 bedroom needing some cosmetics but offering newer oak kitchen and modern bath.



### STORYBOOK CHARM

Looking for a Steal - Look no more, you just found a Bargain. 2 bedroom Colonial Plus computer room/office. Ultra-modern bath. Open floor plan. Landscaped lot. Winter warmth with woodstove. All for only

**\$169,900**



### PICTURE PERFECT

Versatile floor plan makes this Heights area 2 family truly unique. • 6+ bedroom • Convenient family rooms • 3 season porches • Garage

**Upper \$200's**



### SERENE SURROUNDINGS ABOARD

Heights area, 7 room, 3 bedroom warm and friendly Colonial. Fireplace, country kitchen, 1st floor T.V. room, plus garage.

**\$212K**

**Keenan/Cusack**

**REALTORS**

75 PARK AVENUE, ARLINGTON

**643-6100**

SALES • PROPERTY MANAGEMENT • CERTIFIED APPRAISALS • CONSULTANTS



**MLS**

LETTERS TO THE EDITOR

(From page 6A)  
Shop have the audacity to try to buy public land?  
But the 1990's may well see the blurring roles of public and private purpose in development proposals. We may have to develop a more comprehensive pro development attitude in Arlington to maintain and enlarge the business tax dollars that support all the public services we have maintained so far. Because we cannot be assured of enough revenue in the years to come, it is vitally important that all land with good commercial potential support our tax base. And it is for these reasons that I support accepting this offer of \$4 million in cash.

1. While the loss of any recreational open space is regrettable in a built up town such as Arlington, the narrow width of the parcel, its sloping topography, its close proximity to Stop & Shop and the Public Works yard preclude it from any really primary recreational use except as a practice field in "overflow" periods. Also, its irregular shape precludes it from even youth soccer, due to its narrow width and its slope.  
2. As a parent in the Arlington School system and a volunteer baseball coach, I have seen on some busy summer weekends when all of our athletic fields in town are heavily utilized, but do not feel that development on this particular partial field would be a great loss. Through careful scheduling and upkeep of some underutilized fields, I see no reason why the School Committee cannot rescind its vote and declare this 2.4 acres surplus.

3. As a taxpayer in Arlington, I believe \$4 million in cash will go a long way toward easing the financial strain, provided the money is spent wisely and carefully.

4. As a professional architect involved in retail and general commercial development, I feel that \$4 million for 2.4 acres of land with only limited access on Grove Street is an exceptional offer by Stop & Shop. At about \$1.67 million per acre, this price even exceeds the cost of prime Route 128 land during the mid-1980 expansion era. The offer is also indicative of the fact that the parcel's highest and best use is only in combination with the existing Stop & Shop. It makes no developable sense as a standalone commercial property.

5. As a professional architect involved in the approval process in many towns other than Arlington, I believe that the interests of the town in seeing that the proposed architectural and site design of the addition to be compatible with the neighborhood will be addressed and quite strictly adhered to by our planning department and other review agencies which are run by very capable professionals.

6. Traffic considerations being the unwavering cry of all no growth advocates, it is no wonder that one of your readers suggested that we all save the 800 daily car trips on Mass. Avenue and just go to the Medford Super Stop & Shop. Not only is this nonsense, it generates more traffic, more time travelling, more air pollution and more wasted gasoline consumption. By enlarging the Stop & Shop site, you could grant an exit only or an exit/enter combination onto Grove Street and dissipate the congestion on Mass. Avenue. This deserves further study by both Stop & Shop and the town planning/engineering departments.

7. By connecting the Grove Street tennis courts to the High School recreation areas with a landscaped bikeway in the rear of the site, you would "string all of the open spaces together" and provide for future bikeways as well. This also should be a prerequisite for sale of the land.

8. The added tax revenue of \$80,000 per year from the larger store would take an added tax burden away from the residential tax base and help to put in motion a better business expansions climate in Arlington. That could lead to a more balanced tax base that is now unfortunately heavily dependent upon residential property owners.

I sincerely believe that the Stop & Shop proposal for \$4 million has given Arlington a unique opportunity in the post proposition 2½ era to engage in a public forum of how best to spend the money and build for the future. In essence, it represents a unique public/private combination that makes a lot of sense. In closing, I would also mention that I am not an employee nor in any way connected with Stop & Shop. I am interested in seeing that the School Committee rescind its vote and declare the land surplus so that the dialogue and the project can go forward.

Stanley John Benulis  
AIA

Pinciak offers even more on lights

TO THE EDITOR:

On Oct. 18 a letter of mine appeared in The Advocate. In the second paragraph beginning: "On Oct. 5 I had the opportunity to talk to Governor Dukakis" ... "And the fact that there are four elderly housing units within a three block area" ... the Advocate printed "and the fact that there are only four elderly housing units within a three block area." I get the impression that if there were five or six elderly housing units in the area those lights would be fixed the way I want them — exclusive walk lights so pedestrians will be safe and the motorists won't have

the chance to knock anyone down. But because there are only four units in the area, it isn't worth the officials (local, state, or federal) time to concern themselves with the safety of the elderly who live in these units. Shame on you. I thought safety was everyone's business.

Also in the second paragraph, I had written "Of course if he listens to what you officials tell him, he will think everything is okay." What was printed: "Of course, if he listens to what you officials tell him, we will think everything is okay." (the he refers to Governor Dukakis). The way it was printed does not make any sense.

I am still interested in the "Death Trap" corner and making it safe for everyone. Before moving to Somerville, I lived in Arlington for 67 years. I could not afford to live in Arlington any more. It was getting too expensive.

On the Editor's note at the end of my letter: "The Board of Selectmen received a report from a traffic consultant that said the adjustments in the lights in the Center made by the town last year make it a longer wait for traffic, but the area is much safer for pedestrians." I would like to know: Did that traffic consultant take the time to come up to the Center and watch the traffic flow? Did he watch elderly, blind, and small children with parents, young mothers with baby carriages trying to get across these wide streets with a nine second walk light? Did he watch the traffic make a right turn at the same time as the pedestrians have a walk light? Did he watch Day Care Centers try to cross these streets and hear the teachers say: "Hurry children because we do not want to be caught in the middle." Did he listen to the comments of the pedestrians trying to cross this "Death Trap" corner? Did he watch people make the sign of the cross and pray for protection in getting across the streets in safety and give a prayer of thanks when they made it?

Sending a report does not do it. Come up here and see for yourself. I have given you officials a year to straighten this out and you have just been sitting back waiting for someone to be injured or killed.

Governor Dukakis is ending his term as governor, but I hope before he leaves the office he will do one good deed and really investigate this situation and make the necessary change so it will be safe for everyone — pedestrian and motorist.

A copy of this letter is being sent to Governor Dukakis in the hope that he will be able to tell you officials that safety is your business and you should have everyone's welfare and safety in mind when you plan such horrible traffic plans that exist at the "Death Trap".

I wish I knew who that person on the engineering board who told the officials last year that on paper the plan works beautifully, but in reality it was "Death Trap". But your egos wouldn't let you admit you might

Images from our past



Robbins Library junior library group. That's all that is listed about this picture. If anyone knows who these people are or something about the group, drop us a line.

(Robbins Library photo)

have made a mistake (which you did). Wake up before an accident happens and I have to say "I told you so."

Inga E. Pinciak  
Somerville

Fair sponsors thank supporters

TO THE EDITOR:

We of the Arlington Early Childhood Association want to extend our thanks to all who helped to make the Preschool Fair a success.

The Preschool PTA, a year old organization, co-sponsored the fair with AECA and the public school's Preschool Team. The PTA has prepared a wonderful resource guide for preschool parents which was given to fair participants. (The guide is available through the PTA).

We are grateful to: Arlington Food Co-op, Arlington Paper Warehouse, Dough-C Dough Nut Shoppe, Dunkin Donuts, Foodmaster, Gail Ann Donut Shoppe, Highland Foods, Quebrada Bakery, and Stop & Shop — Arlington, who provided the refreshments and to the Boy Scouts who helped set up the fair rooms.

Parents of young children were able to meet program directors, public school personnel, recreation staff and other parents during the fair. They attended a variety of workshops and purchased developmental items from Sandy & Sons.

We see this fair as beginning a new Arlington tradition. Early childhood education is important in this town and we have a long history of working together to promote the best for all of our children and families.

Kathleen Fraser  
Geraldine Pedrini  
Deirdre Higgins

Members of the Arlington Early Childhood Association

More about the 'Monument'

TO THE EDITOR:

Everything that has been said in the paper about the monument market is just about what I wanted to say.

Bring a small independent market. I'm sure they won't be able to pay the rents they are asking for in Arlington now a days. I have lived here for almost 30 years. My mother-in-law has lived here at least 50 and we have been doing business with Nish and Warren in all that time. We are truly going to miss the friendly, individual service I receive when I go in there. I am still hoping they will be able to find somewhere in Arlington to locate. If not they are going to be sorely missed. It is the last of the stores around that gives friendly and personalized service.

Thank you Nish and Warren.  
Joan Mulvihill

Land's not surplus

TO THE EDITOR:

The disputed land at Arlington High School is not surplus. "Giving up this land not an educationally sound thing to do." These are Mr. Doug Delaney's words which sum up the Stop & Shop's measly offer of \$4 million. This money won't even buy dog food at Stop & Shop prices. Money soon disappears while land always appreciates.

If you know and love Arlington, there is not a surplus square foot of land to sell for a few pieces of silver — sad our learned leaders are so blind.

Further our beautiful Arlington High School would have the Stop & Shop meat department in the gym.

Old Timer Bill Santo  
Class of '38

Thankful for cable volunteers

TO THE EDITOR:

I would like to take this opportunity to thank the Cable Volunteers for giving so freely of their time and energy to benefit the Arlington community.

All of us citizens have the privilege and responsibility of being informed

(See LETTERS, page 10A)

Getting the Runaround on Your Insurance?

Flanagan Insurance, an allMass Agency, makes it easier, with down to earth talk and excellent service.

AUTO-HOME (Low Rates) - LIFE - BUSINESS

Extra Hours: Thurs. 'til 7 PM, Sat. 'til Noon

401 Lowell St., Lexington 863-2054

Does Your Child Succeed in School?

For Educational Assistance Call:

Kathleen M. McNeil, M.ED., J.D.  
Special Education Advocate

(617) 641-0853

224 Sylvia Street  
Arlington, MA 02174

HAVE YOU HEARD?...

by PAUL J. CONNOLLY  
Hearing Aid Specialist & Assoc.

375 Mass. Ave., Arlington 646-2040

BEHIND-THE-EAR ADVANTAGES

Hearing aids that are worn behind-the-ear (BTE) were introduced in the 1950s. Curved to fit snugly into place, these aids were more naturally sited for hearing than aids in eyeglass frames or those worn on the body. By the early 1970s, BTE models accounted for two out of three fittings. Then came the aids that fit within the ear. The latter soon became the choice for four out of five people, and it appeared the BTE type was on the way out.

But that hasn't happened. Each year some behind-the-ear models are still chosen. Last year the number of such fittings increased by five percent. Their attraction is better performance for people with more severe hearing impairments.

There are other advantages. Technological advances, such as digital/analog programmable circuitry, are available now mainly in the behind-the-ear models. Also, BTEs provide more options for benefiting from telephone calls and assistive listening devices. Convenience in adjusting volume and other controls is another factor. Today BTEs are more compact but still larger than most in-the-ear models.

FREE HEARING SCREENING • 30 DAY TRIAL • HOUSE CALLS



The Ultimate in European Skin Care

Featuring

- Facials
- All natural (Nelly Devuyt) Products
- Newest Skin Care equipment
- Home maintenance programs



- Make Up Design
- Eyelash and Eyebrow Tinting
- Gift Certificates Available

SPECIAL  
Facial/Eye Treatment  
NOW \$30  
Orig \$50

Mary M. Cipolla Esthetics and Electrology Offices  
PERMANENT HAIR REMOVAL

Registered & Board Certified Electrologists  
643-7100 315 Mass. Ave., Arlington or 65 Appleton St. 643-7418

Our specialty is kidnapping, larceny, and crimes of passion.

At Sundial Bookstore we specialize in mystery books with over 1,000 titles by the world's greatest mystery writers. Drop in. It would be a crime if you didn't.

1666 Massachusetts Avenue, Lexington, MA 02173 862-6003  
Open 9:30 to 9:00 Monday-Saturday, 12:00 to 5:00 Sunday



Tough week? Relax!

Housecleaning relief is at hand! Merry Maids are trained, reliable and professional. We can help!

Call  
646-6100

merry maids®

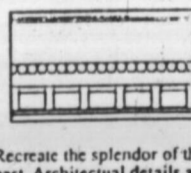


Those were the days...

GINGERBREAD

METAL-PRESSED PANELS

ORNAMENTAL MOULDINGS



Recreate the splendor of the past. Architectural details add charm and character. Now in our restoration department.

876-4460

OPEN SAT. (8-4:30)  
Mon.-Fri. (7:30-4:30)

135 Harvey St., North Cambridge

Cambridge  
Lumber & Supply

ENTRANCE SCHOLARSHIP EXAMINATION

For New Students Entering 9th and 10th Grades  
December 1, 1990 or January 12, 1991  
NO FEE IS CHARGED FOR THIS EXAM

NEWMAN PREPARATORY SCHOOL  
Founded - 1945

245 Marlborough St., Boston, MA 02116

CO-EDUCATIONAL - GRADES 9-12

FULL AND PARTIAL SCHOLARSHIPS

to be awarded for the term beginning September 9, 1991

For information, see your guidance counselor or call

NEWMAN PREP SCHOOL (267-4530)

AXU-AXU CAMBRIDGE

149 ALEWIFE BROOK PARKWAY, RT 2 next to MBTA  
Dick Doherty's presents 491-2422

COMEDY HUT  
Fri 9pm - Sat 8pm & 10:30pm - Sun 8pm  
Every Sunday at 8pm

Open Mike Night

Nov 9th & 10th  
Dick Doherty  
Tom Clark & Robbie Priftz

Nov 16th & 17th  
Vinnie Favorito  
Jim Lauletta & John David

## SENIOR NEWS

## Council on Aging News

## Shine Program

## Tuesdays and Thursdays

COA health benefits counselors will be at the Council on Aging on Tuesdays and Thursdays from 10 a.m. to noon to provide free confidential assistance with questions on Medicare, MEDEX, Health Maintenance Organizations, insurance claims forms, prescription drugs etc. To make an appointment call 646-1000, ext. 4720.

## Volunteer opportunities

Make a difference in your community. Volunteer in your spare time delivering or packing meals for homebound elders, serving as a friendly visitor, and more. Call the COA at 646-1000, ext. 4720 for more information.

## Minuteman Home Care

## Eating Together Meal Site

Site Manager: Marge Scott, 646-1000, ext. 4747 for reservation. Transportation available by calling Hauser Building, 37 Drake Village Site Manager Marilyn Bruno. Call 646-7500 for reservations. See above for transportation. Reservations are necessary. Menus may change without notice. Monday, Nov. 12, holiday — Meal Site Closed; Tuesday, Nov. 13, veal patty with mushroom sauce; Wednesday, Nov. 14, roast turkey; Thursday, Nov. 15, ham steak; and Friday, Nov. 16, baked meatloaf.

## Help available

## for elderly

If you are in need of a companion, homemaker or healthaide and you live in Arlington or Lexington, contact: June Brooks, Project Hire/COA — 646-1000, ext. 4720 Monday through Thursday, 9 a.m. to 2 p.m., 27 Maple St., Arlington, MA 02174.

## Dial-A-Ride cards

The Council on Aging announces that new DART I.D. cards will be required beginning Nov. 1 for both new and current users. Yellow cards will not be honored after Jan. 1. A maximum of 12 rides can be taken per person per month, and rides must be ordered at least one day in advance. New cards issued at the COA offices, 27 Maple St, between the hours of 10 a.m. and 3 p.m. There will be a \$2 annual fee. If you have any questions please call 646-1000, ext. 4720.

## Arlington food drive

Nov. 4 - 21

Donations of nonperishable canned and dry packaged foods are needed, especially: tuna, hearty soups, canned vegetables, dry milk, peanut butter, canned fruits, stews, pasta, canned meats, baby cereals, infant formula, and rice.

You can help. Drop off nutritious foods at collections sites Nov. 4 - 21:

- Park Circle, Central or Highland Fire Stations
- Park Avenue Congregational Church (at Paul Revere Road)
- Continental Cablevision (81 Mystic St.)
- Lesley Ellis School (41 Foster St.)
- Johnny's Foodmaster (808 Mass.

Ave.)/Highland Foods (1425 Mass Ave.) Special Collection: On Election Day, Nov. 6 at all voting sites in town. Financial donations are also desperately needed. Phone in your pledge during the telethon on Nov. 14. Turn to cable Channel 3 for details. Food and financial distributions will be made under the direction of the Arlington Dept. of Human Resources and the Red Cross.

Volunteers are needed for hunger relief efforts. Call 876-2323 ext. 236. To receive food assistance call 646-1000, ext. 4505.

## Help with fall chores available

Thanks to sponsorship for W.R. Grace Co. the LINKS program (Linking Neighborhood Kids with Senior Citizens) will be able to continue this year. A co-operative effort between the Arlington School system and the Council on Aging, LINKS makes 7th and 8th grade youngsters available to senior citizens for outdoor work.

Yard clean-up, raking leaves, pet care, (such as walking or grooming), marketing or other errands, garage clean-up, weekly rubbish removal, and shoveling snow are some of the services provided by the students, who range in age from 11 to 14. Students are encouraged to work in pairs at a rate of \$3 to \$4 per hour, depending on the quality and efficiency of their work.

Seniors interested in requesting services should contact June Brooks at the Council on Aging, Monday through Thursday, 9 a.m. to 2 p.m., 646-1000, ext. 4720. June will pass the request to the school if they are available. All arrangements for doing and monitoring work will be made between seniors, students and their parents.

## New

Julie McKinney, a nutrition and fitness expert will conduct a 10-week seminar "NEW" on the fundamentals of nutrition, exercise and how to get started or re-started on healthy eating habits and a safe program of exercise. The goal is to come away with an understanding of healthy living so that we can make the best choices to improve the quality of our lives.

We will share and learn healthy cooking and dieting tips and learn about the different forms of exercise. Sponsored by the COA Health Program. Fifteen to 20 participants. \$20 for 10 weeks. Pay when registering or as-you-go after registering. Call 646-1000, ext. 4720. Mondays, 2 to 3:30 p.m., starting Nov. 14 in the COA Conference Room, ground floor.

**Alzheimer's Awareness Month**  
November is Alzheimer's Awareness Month. Take the time this month to learn about Alzheimer's and other similar diseases, the services and the care available to people with these diseases and their caregivers and families. Call the Alzheimer's Disease and Related Disorders Association at 494-5150.

## Project 'Bright Eyes'

The National Society to Prevent Blindness and the Arlington Council on Aging will resume the Bright Eyes Program on Dec. 7. The Council on Aging is encouraging persons who have been reluctant to seek eye medical attention to do so by attending the Bright Eyes Program.

On a first-come first-serve basis, any person or group from Arlington ophthalmological examination at either Mass Eye and Ear or University Hospital.

Criteria for Participation: resident of Arlington; over 60 years; and not currently under the care of their own eye doctor or eye clinic.

For an appointment on Dec. 7 call 646-1000, ext. 4720.

## Social Services notes

If certain personal problems have you or a member of your family troubled, don't keep them to yourself. Our Outreach Worker, Diane Tainter, a licensed social worker, can help you with short-term counseling, nursing and retirement homes, emotional dysfunction and the like. For more information, call Tainter at 646-1000, ext. 4720.

## HMO's

Everything you wanted to know about HMO's and didn't know where or whom to ask. The SHINE health benefits counselors of the Council on Aging are sponsoring a special informational event. Guest speaker: Chris Mitchell. What are HMO's? How do they work? What do I need to

know before I decide if an HMO is for me? Presenters: Tufts Associated Health Plan and Baystate Health Care Plan — There will be ample time for questions and answers to your special needs.

Friday, Nov. 16, 9 to 11:30 a.m. in the function room first floor, Multipurpose Senior Center, 27 Maple St. Please call the COA to reserve a seat at 646-1000, ext. 4720.

## Jobplace

If you are looking for a job, need training, need help composing or typing your resume, this is the place for you. At last, practical answers. "Jobplace," The Council on Aging Employment Project invites you to "Practical Solutions for the Older Worker in Career Planning and Job Search Techniques." Presented by Clare Fabianski, Adult Counselor, Minuteman Regional Tech.

Information on free services such as Second Career Training (information and training on more than 20 different careers), Job Search Support Groups, Help With Composing and Typing of Resumes, Use of and Access to Word Processing. Wednesday, Nov. 14, 10 to 11 a.m., Council on Aging Office, 27 Maple St. Please call the COA to reserve a seat at 646-1000, ext. 4720.

**Part-time position available**  
Part-time receptionist position available in Arlington. Call Carol Burns at Minuteman Home Care, 272-7177 for more information.

## TWO for ONE

Call before November 30th and get Showtime and The Movie Channel: Two for the price of one for one month.

Get Showtime exclusive movies, sports and music specials AND The Movie Channel's wide variety of movies from the classics to current hits round the clock...Two great entertainment values available for the price of one for one month.

Take advantage of this offer now and get FREE installation (reg. \$35.00).

Call Now

**Continental Cablevision**  
of Arlington

876-2323

Offer available in serviceable areas only. Certain restrictions may apply. Offer expires November 30th, 1990.

**Prices In Effect Now While Quantities Last!**

**Visit Our NEW Stores in NORWOOD**  
Route 1S, 2 Miles off Route 128  
Next to Simon's Flowers and  
**NEWTON**  
230 Needham Street  
Across from Filene's Basement

**Watch For Our BROCKTON Grand Opening November 15th**  
125 Westgate Drive  
At The Westgate Mall  
Take Route 24 to Exit 18A to Route 27S



**Mens, Ladies & Youth Fashion Skiwear!**

**SAVE \$20**

**Mens or Ladies Falmouth Parka**

**174<sup>99</sup>** EACH

WHY PAY 195.00  
Tastron shell, removable down zip out liner. Mens sizes S-XXL, Ladies sizes M-L.

**SAVE \$10 to \$15**

**Adult or Youth Raider Parka**

**MENS OR LADIES 129<sup>99</sup> YOUTH 84<sup>99</sup>**

WHY PAY 145.00  
Tastron shell, Thermosoft insulation. Mens sizes S-3XL, ladies sizes M-L, youth sizes 8-16.

**SAVE \$10 to \$17**

**Youth Ultima II Parka**

**MENS 167<sup>99</sup> YOUTH 94<sup>99</sup>**

WHY PAY 185.00  
Tastron shell, Thermosoft insulation. Mens sizes S-3XL, youth sizes 8-16.

**SAVE \$4 to \$7**

**Youth Insulated Ski Pant**

**MENS 71<sup>99</sup> YOUTH 49<sup>99</sup>**

WHY PAY 79.00  
Tastron shell, needlepunch insulation. Mens sizes 30 to 38, youth sizes 8-16.

**NEW! BROCKTON**  
(508) 583-1100  
RTE. 24 TO RTE. 27S  
AT THE WESTGATE MALL  
125 WESTGATE DRIVE

**NEW! NEWTON**  
(617) 965-2480  
EXIT 19A OFF ROUTE 128  
230 NEEDHAM ST.

★ **E. CAMBRIDGE**  
(617) 625-5650  
EAST CAMBRIDGE  
TWIN CITY PLAZA  
NEXT TO STAR MARKET

★ **DANVERS**  
(508) 774-7512  
RTE. 35, EXIT 23N  
OFF RTE. 128  
107 HIGH STREET

★ **NORWOOD**  
(617) 255-0400  
ROUTE 1S, 2 MI.  
OFF 128 NEXT TO  
SIMON'S FLOWERS

★ **WOBURN**  
(617) 935-6340  
RTE. 3, EXIT 33A  
OFF RTE. 128  
237 LEXINGTON ST.

★ **NASHUA N.H.**  
(603) 881-7740  
ROUTE 3, EXIT 7W  
ROUTE 101A W.  
WESTSIDE PLAZA

STORE HOURS:

CAMBRIDGE: MON THRU SAT 9:30-9:00 • SUN 12:00-6:00 BROCKTON & NEWTON: MON THRU SAT 9:30-9:30 • SUN 12:00-6:00  
DANVERS, NORWOOD & WOBURN: MON THRU FRI 9:30-9:30 • SAT 9:30-9:00 • SUN 12:00-6:00  
NASHUA N.H. STORE: MON THRU FRI 9:00-9:30 • SAT 9:00-9:00 • SUN 12:00-6:00

## MALL DISCOUNT LIQUORS

**Cambridge's Largest Discounter**  
Liquor • Wine • Beer • Gourmet Foods

## THE LOTTERY

## THANKSGIVING SPECIALS 11/8/90-11/28/90

<b>Almaden Blossom Hill Wines</b> <small>Chardonnay, White Zinfandel, Cabernet, Gamay or Sauvignon</small>	<b>\$4<sup>99</sup></b> 1.5 Lit.	<b>Almaden White Grenache</b> <small>1.5 Lit.</small>	<b>\$3<sup>99</sup></b>
<b>Gallo Dinner Wines</b> <small>3 Lit.</small>	<b>\$4<sup>99</sup></b>	<b>Robert Mondavi Woodbridge Cabernet or Sauvignon Blanc</b> <small>1.5 Lit.</small>	<b>\$7<sup>99</sup></b>
<b>Premat Wines</b> <small>750 ml.</small>	<b>2 for \$5<sup>00</sup></b> Mail In Rebate -1.00 Your Cost <b>2 for \$4<sup>00</sup></b>	<b>Montpeller</b> <small>750 ml.</small>	<b>2 for \$9<sup>00</sup></b> Chardonnay or Cabernet Sauvignon
<b>Tott's Champagne</b> <small>750 ml.</small>	<b>\$4<sup>99</sup></b>	<b>Mirassou White Zinfandel</b> <small>750 ml.</small>	<b>2 for \$9<sup>00</sup></b>
<b>Kahlua</b> <small>750 ml.</small>	<b>\$11<sup>99</sup></b>	<b>Amarlette di Saronno</b> <small>750 ml.</small>	<b>\$13<sup>99</sup></b>
<b>Rubio Vodka</b> <small>1.75 Lit.</small>	<b>\$7<sup>99</sup></b>	<b>Smirnoff Vodka</b> <small>80° 1.75 Lit.</small>	<b>\$13<sup>99</sup></b>
<b>Dewar's Scotch</b> <small>1.75 Lit.</small>	<b>\$24<sup>99</sup></b>	<b>Cluny Scotch</b> <small>1.75 Lit.</small>	<b>\$12<sup>00</sup></b> Mail In Rebate -2.00 Your Cost <b>\$10<sup>00</sup></b>
<b>Fleishmann's Preferred</b> <small>1.75 Lit.</small>	<b>\$11<sup>99</sup></b> Mail In Rebate -4.00 Your Cost <b>\$7<sup>99</sup></b>	<b>Fleischmann's Gin</b> <small>1.75 Lit.</small>	<b>\$10<sup>00</sup></b> Mail In Rebate -3.00 Your Cost <b>\$7<sup>99</sup></b>
<b>Miller Lite</b> <small>12 oz. loose cans suitcase</small>	<b>\$11<sup>99</sup></b> Cs. + Dep.	<b>Labatt's Beer</b> <small>Light, Ale 2-12 pk. btls.</small>	<b>\$12<sup>00</sup></b> Mail In Rebate -3.00 Your Cost <b>\$9<sup>99</sup></b>
<b>Harp Lager</b> <small>12 oz. btls.</small>	<b>\$17<sup>99</sup></b> Mail In Rebate -5.00 Your Cost <b>\$12<sup>99</sup></b>	<b>Bartles &amp; Jaymes Wine Coolers</b> <small>4 pk. 12 oz. btls.</small>	<b>\$2<sup>99</sup></b>
<b>Miller Genuine</b> <small>12 oz. loose cans</small>	<b>\$11<sup>99</sup></b> Cs. + Dep.	<b>7-Up</b> <small>12 oz. cans + dep.</small>	<b>\$2<sup>99</sup></b> 20 pk.

202 Alewife Brook Parkway, Cambridge  
Next to Stop & Shop at Fresh Pond Mall  
864-7171

Don't drink &amp; drive



## LETTERS

(From page 8A)

about local issues that affect us corporately and individually. How fortunate we are that through the cooperation of the Arlington Cable Company and some hearty volunteers we are able to exercise that right and fulfill that duty in the comfort of our own homes. This service is especially valuable to those in situations that make it difficult to attend the meetings of the Selectmen or the School Committee, such as single parents or handicapped persons.

Whatever negatives that might appear on the ledger — including "unprofessional production quality" — the positives definitely weigh in more impressively.

Thank you, Arlington Cable Volunteers.

Lora Lou D. Christensen

## Church services on cable

### TO THE EDITOR:

On behalf of the members of the Pleasant Street Congregational

Church, I would like to express our appreciation to Continental Cablevision for making possible the live telecast of our worship services on Sunday at 10 a.m. on channel three. We hope that this will make it possible for Arlingtonians who are confined to their homes to have access to worship as it is experienced in a local congregation.

From the initial planning stages to the present, Barret Lester, Rob Hawley and their crew have generously shared their time and expertise. Arlington is very fortunate to be served by such competent and cooperative personnel.

Their efforts will also make possible the live telecast of the Arlington Interfaith Association Thanksgiving service on Tuesday, Nov. 20, at 7 p.m. The service will include music by the combined choirs of the Arlington congregations, and the presentation by Arlington's own Bill Meikle of Ben Franklin's thoughts on the contributions of Native Americans.

Dr. Thomas Clough  
Pastor, PSCC

## Bernacchi responds to letter

### TO THE EDITOR:

I note that Charles Stevens referred to me as a man in his letter in the Sept. 20 Advocate, which is a compliment, I suppose, I am eleven years old, Mr. Stevens.

According to Stevens, who, I have been told, is a music teacher, it seems that I should erase from my memory everything I have ever learned regarding education in the United States, Japan, Germany and Sweden.

I will use Japan as an example. I thought I knew why products of Japanese education were superior to the products of education in the United States. Although I will agree that Japanese teachers enjoy the respect of the highest order, it would seem my reading has misled me greatly in other areas, according to Stevens.

I was under the impression that teachers' salaries in Japan left much to be desired. Teachers are working 2 jobs in order to meet

expenses. They live in tiny 2 or 3-room apartments with their spouses and children. I met a Japanese teacher in 1985 and she informed me of this fact. This state of affairs should be unacceptable to all reasonable people.

I was under the impression that Japanese schools are in session from 5½ to 6 days per week and the school year lasts for nearly 11 months. The school children (and teachers) are on vacation from late July to early September. Furthermore, classes are in session at least 20 hours per week longer than in the United States.

I was also under the impression that, unlike many teachers in the United States, no Japanese teacher spends valuable school time practicing amateur psychology. Furthermore, no teacher in the Japanese school system invests time in any pursuit which invades the privacy of the students and their families. In this regard, I recommend that every parent of public school children in the United States read "Child Abuse in the Classroom" (Excerpts from the Official Transcript of Proceed-

ings before the U.S. Department of Education — In the Matter of: Proposed Regulations to Implement the Protection of Pupil Rights Amendment Section 439 of the General Education Provisions Act, also known as the Hatch Amendment). If you like, I would be happy to loan my copy out.

By the way, Japanese teachers are superior letter writers. I had the privilege of reading some of their letters about 8 years ago.

Public high schools in the United States have the fundamental responsibility of graduating educated young adults, who, among other things, speak English well and who know Canada is not part of the United States, period.

Anthony L. Bernacchi

## Good judgement on land

### TO THE EDITOR:

The School committee made a good judgement call on their decisions to hold on to the parcel of land

next to the high school. With pressure from Stop & Shop and some Arlington officials and former office holders to sell the land for \$4 or \$5 million, a sum of money that would be used up in a very short time, their foresight into the future of Arlington High School was a sound one.

Perhaps in later years when local and state government can straighten out their fiscal woes Arlington will be able to construct something on that parcel of land, maybe a field house for all athletes and townspeople, maybe an extensive of the baseball field so that the high school team can play behind their own school. Or, perhaps something not even connected with sports, a school library, a science building, a computer building, in other words something can be done to serve all our youth of Arlington.

This I believe is more important to the town than \$4 or \$5 million at this time. Just remember once that land is gone it is gone forever.

Again I thank the School Committee for thinking of the future of Arlington children.

Fran Griffin

## SCHOOL NEWS

## Guidance bulletin

Open houses: Norwich University — Monday, Nov. 12 starting at 10 a.m.; Dean Junior College — Saturday, Nov. 10 from 9:30 a.m. to 1:30 p.m.; Bentley College — Sunday, Nov. 18 at 2 p.m.; Wheelock College — Saturday, Nov. 17 from 10 a.m. to 3:15 p.m.; Quincy College — Wednesday, Nov. 14 from 6 to 8 p.m.;

Princeton University — Thursday, Nov. 8 at 7:30 p.m. at Pine Manor College in Chestnut Hill; Bay State College — Saturday Nov. 17 at 9:30 a.m.; and St. Elizabeth's Hospital — Wednesday, Nov. 14 from 7 to 9 p.m. Jostens Foundation — 300 \$1,000 scholarships. Applications available in Career Center. Deadline Nov. 15. Tylenol Scholarship Fund — 500 \$1,000 scholarships. Information

posted in Career Center.

AAL Scholarship — (Aid Association for Lutherans) — must have certificate of membership. Deadline Nov. 30. See details in Career Center.

N.E. Printing & Publishing Scholarship — any student interested in a career in graphic arts. Deadline March 15.

Educational Communications Scholarship — 75 \$1,000.

Boston College is conducting group information sessions and campus tours on Saturdays from 10 to 3 p.m. More information in guidance.

Students (grade 9 through 12) interested in taking a National Engineering Aptitude Search (NEAS) may obtain registration forms and information in main guidance. This test evaluates a student's aptitude for a career in engineering, science, mathematics or technology and provides information on how to prepare

for further high school or college study. Registration fee is \$15.

College Fair Night — Thursday, Nov. 8 from 7 to 9 p.m. in the high school gym. Over 180 colleges represented. Parents and students are all invited.

There will be an informational program for parents of sophomores on Tuesday, Nov. 13 from 7 to 9 p.m. in the high school cafeteria. A representative from the College Boards will give an overview of testing that is required for students when they apply to college.

Juniors interested in applied science, interested in pursuing a Ph.D. and in the top 5 percentile in their class may have an opportunity to participate in a summer program at the University of California. One session runs from June 3 to June 14 and a second from Aug. 19 to Aug. 30. Interested students may receive applications and more information from guidance. Deadline Jan. 11.

Splash — Dec. 8 and 9 at MIT — open to 7 through 12 grade students. A weekend program with more than 50 courses to choose from. Fee \$25. Applications and information in main guidance.

## School lunch menus listed

It is noteworthy that all chicken nuggets and patties are not alike in terms of their fat and sodium content with the patties and/or nuggets both within the meal as well as other meals and snacks throughout the day. From Nov. 13-16 the Arlington Public Schools present the following menus for your eating enjoyment.

Elementary school children can keep alert and full of energy by eating with BMV: Balance, Moderation, and Variety. (The BMV series are being described in the ASFS Tidbits section of the menu.) Each

complete Heart-Healthy...School Lunch served is \$1.50 which includes white milk. On Monday, enjoy your BMV selections during the holiday. Tuesday, Chicken McSchool is served with a roll along with mixed vegetables and completed with a variety of chilled fruit.

Available Wednesday is a tuna salad sub with shredded lettuce to add texture to your sub and potato sticks for crunch. 100 percent fruit juice is part of the meal. Thursday's roast turkey is a preview of Thanksgiving as the traditional cranberry sauce and whipped potato accompany. Your favorite carrot cake is an extra treat. Friday brings you the Chow Daddy combination: Cheese pizza and 100 percent fruit juice followed by celery to dip into peanut butter and a cookie with your milk.

A selective menu is served in our secondary schools. Selecting the School Lunch pattern provides a third of each student's daily nutritional requirements for \$1.75. A choice of the following entrees are available. Daily: cheese pizza, assorted subs and entree salad plates. Today's special entrees will be: Monday: holiday; Tuesday: chicken nuggets; Wednesday: bar-b-q ribs; Thursday: chicken parmesan with a bulgie roll; Friday: variety day. To complete the balance of your meal a choice of two servings of fruit and vegetable are available along with white milk.

# Jumbo Mortgages

9.6  
Note Rate

- No Income Verification (with 20% down)
- Loan To \$4 Million
- 30 Year Fixed Rates Or Adjustable Available
- Refinance With Cash Back To You
- Portfolio Loans For Slow Credit/Unique Cases
- Higher Debt/Income Ratio Programs
- Loans With No Points Available - All 50 States
- 10% Down - PMI

## East / West Mortgage

Main Office: Woburn Burlington Westford, MA:  
508-283-1353 617-938-1250 617-273-1919 508-392-9968

## LEXINGTON MONTESSORI SCHOOL



### Open House for Prospective Parents

Saturday, November 17th  
10 am to 1 pm  
at Lexington Montessori School  
130 Pleasant Street, Lexington

Nursery through Grade 6

Prospective parents and children are invited.  
The staff will be on hand to show you the school and to answer questions.

For more information, call (617) 862-8571

# PUBLIC NOTICE

Effective January 1, 1991, the Lahey Clinic-Blue Cross and Blue Shield Health Maintenance Plan ("Lahey Senior Plan") will not renew its Medicare contract with the Health Care Financing Administration. Members affected by this decision were notified on October 15, 1990, of their options to enroll in another Medicare HMO in the area or return to the regular fee-for-service Medicare. The following HMOs are located in the Lahey Senior Plan service area and offer a Medicare Managed Care contract:

Bay State Health Care 65  
101 Main Street  
Cambridge, MA 02142  
(617) 868-0003  
1-800-237-1616

Fallon Community Health Plan  
100 Hartwell Street  
West Boylston, MA 01583  
1-800-635-1221  
(508) 835-2550

Senior Care Enrollment  
Harvard Community Health Plan  
Brookline Place West  
Boston, MA 02146  
(617) 431-6584

Medical East Senior Plan  
44 Neponset Street  
Norwood, MA 02062  
1-800-633-4343

Under a new federal regulation, these plans are required to accept those Medicare beneficiaries who are affected by the non-renewal of the Lahey Senior Plan and who live in their service areas.

Members choosing to remain in the plan until December 31 will be automatically transferred back to the regular Medicare effective January 1, 1991. Members were advised that until their termination from the Lahey Senior Plan is effective, they must continue to use their Plan providers.

Blue Cross and Blue Shield Medex, a supplemental insurer, has agreed to enroll any interested Lahey Senior Plan members who choose to return to regular fee-for-service Medicare on January 1, 1991. There is no waiting period and no screening for prior medical conditions. Inquiries for the supplemental insurance policy and any other concerns regarding the non-renewal of the contract should be directed to the Lahey Senior Plan member representatives at 1-800-242-1113 or (617) 956-3556.

## 50 years ago

A luncheon tea and food sale held by The Arlington Massachusetts Committee of the British War Relief Society raised nearly \$600.

## 25 years ago

Symmes Hospital's x-ray department in the Nickerson Wing has purchased new equipment worth \$200,000.

## 10 years ago

Two armed bandits took \$60,000 in jewelry and cash from an East Arlington jewelry store located at 210A Mass. Ave.



## CUOCO

Home Repair Inc.

Now is the **TIME**  
to think about  
**GUTTERS!**

Licensed • Insured

**CLEANING** - Starting at \$50

- Carpentry • Roofing • Painting
- Windows • Doors • Siding

Call Now **641-4540**

## A.R.C. TRAVEL, INC.

"Your Cruise Specialists"

**1st Time Cruisers**  
Save At Least  
\$25.00/cabin

**Honeymooners**  
Cruise NCL;  
1st Person  
Pays Full  
Price

**Repeat A.R.C. Travel Cruisers**  
Save At Least  
\$50/cabin

**Spouse Pays 1/2 Price**

Call Or Stop In For More Information Today!  
Ask To See A Video On Your Dream Cruise.

**A.R.C. Travel, Inc.**

137<sup>th</sup> Massachusetts Ave. Arlington, MA 02174  
(617) 646-7600

## LAW OFFICE OF MICHAEL L. RICH

A general practice offering services and referrals in these and other areas:

- Civil litigation, personal injury
- Special education, students rights
- Domestic Relations, state intervention in child custody
- Criminal litigation, traffic, drunk driving, juvenile
- Guardianships, civil commitments, mental health
- Adoption, fertility, paternity
- Disability benefits, social security, SSI
- Businesses, especially non-profits, schools, daycare centers

**FREE BRIEF TELEPHONE INTERVIEWS**  
**LOW-COST INITIAL CONSULTATION**  
**VISA & MASTERCARD ACCEPTED**

74 Newport Street Arlington (617) 641-3472  
Please call for an appointment

## Dr. N. Richard Archambault and Associates

Chiropractic Physicians



We specialize in Neuro-Musculo-Skeletal conditions including:

- Pinched Nerves
- Sciatica
- Tendinitis
- Neck & Shoulder Pain
- Lower Back Pain
- Bursitis
- Sports Injuries
- Headaches

If you suffer from any of the above, please call our office for a COMPLIMENTARY CONSULTATION.

9 Chestnut Street, Arlington, MA 02174

Workers Comp., Medicare and Most Insurance Accepted

SERVING  
ARLINGTON  
FOR 10 YEARS!

FRANCISCO TRILLA, MD  
BETH BLACKINGTON, RN, MS, MED  
ANGELA PATTERSON, RN, MS

Are pleased to announce the opening of...

**Arlington Primary Care Associates**  
94 PLEASANT STREET  
ARLINGTON, MA 02174

### Internal Medicine Services

- Routine health care
- Health education
- Acute and chronic illnesses
- Work/school physicals
- Laboratory services
- EKGs

### Women's Health Services

- Female providers
- Confidential
- Routine GYN exams
- Family Planning
- Contraceptive Care
- Pregnancy Testing
- STD screening & education
- Referrals

Specializing in Internal Medicine and Women's Health

- BC/BS • Medicare • Medicaid
- Private Insurance • Visa/MC

### By Appointment

**Walk-in hours**  
Tues. 2-6 pm  
Thurs. 2-6 pm

**648-6522**

(please ask for Arlington Primary Care Associates)

Early morning, evening, and Saturday appointments available.

# Hearing Tests Set For Senior Citizens

THE U.S. DEPT. OF PUBLIC HEALTH RECOMMENDS THAT YOU HAVE YOUR HEARING CHECKED REGULARLY

Anyone who has trouble hearing or understanding is welcome to have a hearing test using modern electronic equipment to determine if they have a correctable loss. Even people now wearing a

hearing aid or those who may have been told nothing could be done for them should have a hearing test to find out if they are one of the many people a hearing aid will help.

The FREE hearing tests will be given at Affordable Hearing Center this week, Monday thru Friday, 9 A.M. to 5 P.M. Call for an appointment in our office or in your home.



## AFFORDABLE HEARING CENTER

20 Holland St., (Davis Sq.) Somerville

Located in the lobby of the Harvard Community Health Bldg. Next to the "T" Red Line Station. CALL NOW! 623-1331